

Ten-digit salute

New 204 dialing gets boost from college-made video with students lip-synching Carly Rae Jepsen's Call Me Maybe

PAGE 3



BETTER TOGETHER?

- Meaghan Benfeito of Montreal and Roseline Filion of Laval, Que., won a synchronized diving bronze medal in London. Now they'll go at it alone as the 10-metre platform competition gets underway at 1 p.m. on OLN
- All-American girls: No matter what, the women's beach volleyball gold medal will go to the U.S. Find out what else you can't miss today PAGE 16



WINNIPEG

metro

metronews.ca | twitter.com/metrowinnipeg | facebook.com/metrowinnipeg

®

Wednesday, August 8, 2012

News worth sharing.



Putting the carts before the AutoBins?

City tries to clear up confusion about its new garbage collection, recycling program PAGE 2

All Jacked up

Rick Roberts, Sook-Yin Lee dish about playing late Jack Layton and wife Olivia Chow in upcoming TV movie now being filmed in Winnipeg PAGE 3

Ever Posh

Former pop star Victoria Beckham, a.k.a. Posh Spice, pulls diva act as Spice Girls reunite to perform at Olympics Closing Ceremony, source says PAGE 9



JUMP FOR JOY

Canada's Derek Drouin jumps to a surprise bronze medal in the men's high jump final during the Summer Olympics in London on Tuesday. See story on page 16. SEAN KILPATRICK/THE CANADIAN PRESS

FORD CHEVROLET DODGE GMC CHRYSLER KIA TOYOTA CADILLAC

Apply online @ 1-877-796-0505

AutoMallFinance.com

NEW & USED

GUARANTEED APPROVAL ALL LEVELS OF CREDIT

☒ NEED A CAR ☒ NEED FINANCING

☒ NEED A GREAT DEAL

100'S OF VEHICLES AT SALE PRICES!

What's your trade worth? Check it out @ AutoMallFinance.com

VANS STARTING @ \$89 B/W

CARS STARTING @ \$69 B/W

TRUCKS STARTING @ \$119 B/W

SUV'S STARTING @ \$99 B/W

IF YOU CALLED US YESTERDAY, YOU WOULD BE DRIVING TODAY!

AUTO MALL FINANCE 1000-1717 WAVERLEY ST. WINNIPEG, MB

City clarifies new garbage, recycling collection rules

Trash. Many residents confused about whether they should be using new carts right now



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

New carts have been delivered, homeowners have been informed, AutoBins are in the process of being removed, and the City of Winnipeg has completed one cycle of its new recycling and garbage collection services.

Darryl Drohomerski, manager of solid waste services for the City of Winnipeg, said the city is also trying to clear up some of the confusion surrounding the new system — namely that residents in other parts of the city believe they should be using the new carts right away.

"If you live outside of (the AutoBins) area," he said, "your service for your blue cart and your black cart doesn't actually start until the first week of October."

"We've had to correct a lot of folks' perceptions about when they're supposed to be actually using their new system."

There are reports that residents in St. James and Westwood have begun using the carts, but should instead be continuing to use their blue

boxes and garbage bags until October.

Drohomerski said the city is getting phone calls from people in the former AutoBins area concerned that the same trucks that are picking up the garbage are picking up their recycling.

"We're using a mixture of old equipment and existing equipment," he said. "We're using existing recycling trucks to pick up your garbage and then we're coming back in the afternoon and picking up your recyclables, so rest assured that all of the garbage is going to the landfill and all of the recycling is going to the recycling processing facility."

As for the much-criticized AutoBins, Drohomerski said about 50 to 60 per cent have been removed from back lanes and streets, with the rest getting picked up over the next week to week and a half. This will cost the city about \$250,000.

Drohomerski said citizens can aid the removal effort by not placing more garbage in the bins, which is what happened over the past two weeks.

"It's a bit of a symphony insofar as we're going around with a truck before the bin truck to actually clean all around the bin," he said, adding that this is followed by a truck that empties the bin, then a forklift that places the bin on a trailer, and a cleanup of the remaining garbage.

What you get:

Each single-family home in the AutoBins area has received:

- One 240-litre garbage cart
- One 240-litre recycling cart
- Two complimentary compostable yard waste

bags (yard waste in plastic bags will not be collected)

- A user guide with full program details
- A calendar highlighting all of the collection days until the end of 2013



Darryl Drohomerski, manager of solid waste services for the City of Winnipeg, said residents in areas that did not have AutoBins should be waiting until October to use their new garbage and recycling carts. BERNICE PONTANILLA/METRO



One of the AutoBins that has not yet been picked up in the Wolseley area. BERNICE PONTANILLA/METRO

Mobile news



More than a thousand volunteers turned themselves into human dominoes and toppled into the record books. Scan the code to watch the bizarre event.



Kings of the castle?

Curtis Fehr and Randy Ptashnick stand next to a 12-foot sandcastle they built over the long weekend as part of Grand Beach Fest. The pair believe it is the largest sandcastle ever constructed in Manitoba.

COURTESY BRIAN BAXTER

House set on fire

Woman charged with attempted murder over arson

A Winnipeg woman has been charged with attempted murder after it is alleged that she deliberately set a house on fire knowing people were inside.

Winnipeg police said they were called to a home in the 300 block of Magnus Avenue on Sunday night at about 10 p.m. There, they said they learned a woman had set the house on fire knowing there were seven people inside. **METRO**

Steinbach

RCMP search for vandals

RCMP are looking for mischief-makers after several cars were damaged in Steinbach during a vandalism spree.

Steinbach RCMP said two cars were damaged by concrete curing compound that was left on the street. About 36 litres of the stuff was poured over the two cars. Another vehicle was damaged after being vandalized with paint, and another car saw its taillight smashed out. **METRO**

Purported fake 911 calls

Man faces public mischief charges

A Winnipeg man has been arrested after he allegedly made several calls to 911 to report fake fires and assaults.

Winnipeg police said the man made several calls to 911 between July 12 and Aug. 4 claiming either something was on fire, or someone was being beat up. Police and the fire department went to each call only to find nothing. **METRO**

Call Me Maybe tune used to make 10-digit dialing stick

Marketing. Kildonan Place promotes 204 area code in video featuring the hit song



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Kildonan Place mall and store staff are using a familiar tune to remind Manitobans that they must now dial 204 before every phone number in the province.

Carly Rae Jepsen's song *Call Me Maybe* — popular on the Internet in parody videos featuring U.S. President Barack Obama and the Harvard University baseball team — was a "perfect fit," said Kildonan Place marketing director Corey Quintaine.

"Not only has it been christened 'song of the summer,' it has a connection to phones and calling," Quintaine said.

"I knew this was something people would be talking about, and thought that making a video to remind people of 10-digit dialing would be fun."

The video — which was shot

and edited by Red River College creative communications student Jenna Friesen — shows staff lip-syncing to the song. It was well on its way to hitting the 3,000-views mark on Tuesday.

Staff from several mall shops, including Please Mum, Payless ShoeSource, Quarks, Deco Windshield Repair, Benix & Co., and Revolutions Hair Salon, participated in the video, which took just over a week to film.

Quintaine said he came up with the idea and used Twitter to find out if a Red River creative communications student was willing to work on a free-lance project.

"Jenna did an amazing job; it's a testament to the creative communications program," he added. "It was an incredible amount of fun. Everyone in the video had a ball."

The 10-digit dialing came into effect in Manitoba on July 29 and has been met with grumbles among Winnipeggers.

A new area code, 431, will be gradually introduced to the province.



A screenshot from Kildonan Place's new video reminding Manitobans about 10-digit dialing. YOUTUBE

Contracts

Wheat board finalizes grain handling deals

Farmers can now deliver any wheat, durum and barley they contract with the Canadian Wheat Board to any elevator across the Prairies.

The board finalized handling agreements with 10 western Canadian grain companies Tuesday, Board president Ian White said.

There are now almost 20 handlers that have agreed to take grain for the wheat board. The new crop year began last Wednesday.

The wheat board no longer has a monopoly on western wheat and barley sales. **THE CANADIAN PRESS**

River Heights

Library ready to reopen, says city

After a two-week hiatus, the River Heights Library is set to reopen Thursday.

The city has said that repairs to the library at 1520 Corydon Ave. are complete. Regular summer hours will be in effect and programs and services will resume, including the TD Summer Reading Club. **METRO**

Roberts prepped to play Jack in TV flick



Rick Roberts plays the late Jack Layton in an upcoming TV movie. HANDOUT

The actor playing Jack Layton in an upcoming TV movie about the late politician says he's learned to play the guitar and has picked up some Cantonese and French in preparation for the role.

Rick Roberts stars in *Smilin' Jack: The Jack Layton Story* as the former New Democrat leader while CBC radio personality Sook-Yin Lee plays his wife, Olivia Chow.

Filming began earlier this week in Winnipeg. *Metro* Winnipeg first reported the movie was coming to the city in June.

Co-stars include Wendy

Crewson (*Saving Hope*, *ReGenesis*) and Erin Karpluk (*Being Erica*).

Roberts says he's enjoyed looking into the life of "such a multi-faceted man."

"Jack Layton was an incredible athlete, and I like to lie on the couch — so this in itself has been challenging. The most intriguing part has been trying to embody his passion for life, his generosity, and his resolve to follow his vision in spite of overwhelming odds," said Roberts in a statement.

Lee — whose other film credits include the sex comedy

Shortbus and as writer-director of *Year of the Carnivore* — called the political couple "an amazing team in life, love and politics."

"They cut through bureaucracy and remained accessible to people," Lee said.

"It will be a challenge for me to embody Olivia in all her beautiful complexity. I hope to serve her well."

Layton succumbed to cancer in August 2011, just months after leading his party to unprecedented success in the federal election campaign.

THE CANADIAN PRESS

Smilin' Jack

- The Jack Layton Story follows the 2011 election campaign that saw Layton lead the NDP to its largest mandate since its creation.

- It traces the love story between Layton and his wife, Olivia, through their years in civic politics and onto the national stage.

- The film is expected to air on CBC-TV in early 2013.

LASIK MD VISION

GIVING CANADA'S ATHLETES THE VISION TO SUCCEED

LASIK starting at **\$490** /eye*

LOWEST PRICE GUARANTEE

FREE Consultation: 1-855-894-2020 • lasikmd.com/teamlasikmd

West Africa

Ottawa pledging millions in relief

The federal government says it will match Canadians' donations to a fund for humanitarian aid in West Africa's Sahel region, which has been rocked by famine and political unrest.

THE CANADIAN PRESS

Mars

Rover transmits first colour images

NASA's Curiosity rover has transmitted its first colour photo and a video showing 2 1/2 minutes of its dive through the Martian atmosphere, giving a sneak peek of a spacecraft landing on another world.

THE ASSOCIATED PRESS



The first colour view of the north wall and rim of Gale Crater where NASA's rover Curiosity landed Sunday. NASA/THE ASSOCIATED PRESS

Germany

Civilian accused of stealing data

A 60-year-old civilian who worked at NATO's air command headquarters in Germany has been charged with stealing secret data. The employee is alleged to have obtained the data and transferred it to his computer. THE ASSOCIATED PRESS

Arizona

Shooting suspect pleads guilty

The suspect in a mass shooting that left a U.S. congresswoman wounded has pleaded guilty to going on the rampage that killed six other people.

Jared Lee Loughner's plea Tuesday allows him to avoid the death penalty in a shoot-

ing that gained worldwide attention in January 2011 because his intended target was Rep. Gabrielle Giffords.

A judge ruled on Tuesday that months of forcibly medicating Loughner to treat his schizophrenia made him competent to understand the gravity of the charges. He is expected to be sentenced to life in prison.

THE ASSOCIATED PRESS

Arrests put paragliding in spotlight

Terror from the sky?

Suspects allegedly took lessons, planned to launch aerial attacks

The history of terror plots is filled with unusual schemes, from an underwear bomber to model planes filled with explosives — showing how would-be attackers are constantly hatching ideas to catch authorities by surprise. Now questions are being raised about whether two Russians held on terror charges in Spain were planning to launch airborne attacks on paragliders.

The two Russians took paragliding lessons this year in a southern Spanish region renowned for the sport, authorities said over the weekend. A Turkish engineer also under arrest

Quoted

"Terrorism is a full-time occupation, you don't pursue hobbies on the side."

Magnus Ranstorp, a terror expert at the Swedish National Defence College

paid for the lessons.

Spain's Interior Ministry declined comment on whether investigators believe Eldar Magomedov and Mohamed Ankari Adamov were using the paragliding lessons to train for an attack. But analysts said the allegation in court paperwork that they took the lessons is almost certainly a key line of investigation.

No attacks have been carried out using paragliders, experts said.

THE ASSOCIATED PRESS

Paragliding in Europe

There are no criminal background checks for would-be paragliders.

- Students only have to be physically fit and able to

speak the language of the country where the courses are taught.

- Europe has at least 100,000 licensed paragliders.



South Africa wakes up to a winter wonderland

People react as a rare snow fall hits Johannesburg on Tuesday. Temperatures dropped to below freezing Tuesday morning as snow flurries blew through South Africa's commercial hub, dusting the city in white as residents poured into the streets to watch the snowflakes fall. The South African Weather Service has warned that extreme cold will blanket much of the nation over the next few days, which remains in winter.

JON GAMBRELL/THE ASSOCIATED PRESS

Congo. Oxfam says hundreds killed, raped

With Congo's army diverted to fighting a new rebel group, new militia groups have arisen and older ones are reasserting themselves, killing hundreds of civilians, the British charity

Oxfam said Tuesday.

U.S. Secretary of State Hillary Rodham Clinton called the violence "a serious threat to regional security and stability."

THE ASSOCIATED PRESS

Israel. Blurry glasses keep women out of sight

It's the latest prescription for extreme ultra-Orthodox Jewish men who shun contact with the opposite sex: Glasses that blur their vision, so they don't have to see women they con-

sider to be immodestly dressed.

Their interpretation of Jewish law forbids contact between men and women who are not married.

THE ASSOCIATED PRESS

Eyetech
LASIK+
clinic

**BOOK YOUR FREE
CONSULTATION TODAY!**

204-946-5595
250 Portage Ave.
Winnipeg



Price Match Guarantee
We will match any competitor's price
Plus give you a \$500 Coupon
redeemable for goods & services at Eyetech Lasik Clinic
(Thermage, Fraxel, IPL Hair Removal, designer sun glasses & more).
Some restrictions apply.

**"Better technology
for better vision"**





Ashiqur Rahman is seen through a door at Nova Scotia Supreme Court last year. METRO FILE

Six years in jail for the death of baby Aurora

Halifax father is sentenced. Child had 27 rib fractures and suffered injuries to every long bone in her body, Crown says

JENNIFER TAPLIN
Metro in Halifax

Shortly before his sentence was read, Ashiqur Rahman maintained his innocence in the death of his seven-week-old daughter.

"I have been and will always be sorry for failing to save my daughter," he told a Halifax court.

He was found guilty of manslaughter and aggravated assault in June for slapping, shaking and tossing the baby.

On Tuesday at the Nova Scotia Supreme Court, Judge Felix Cacchione sentenced Rahman to six years and six months for the manslaughter of Aurora Breakthrough in July 2009.

Rahman was given double credit for the time he spent in pretrial custody, which equals two years and three months.

The Crown was looking for at least 10 years, arguing at least five separate incidents of assault meant a pattern of aggression.

But Cacchione said he believed each outburst was a spontaneous loss of control.

No appeal

Although it's not the sentence she recommended, Crown attorney Denise Smith said it's in the range given out in similar cases and she does not intend to file an appeal.

Cacchione said Rahman, who was 23 at the time of his daughter's death, was immature, selfish and was driven by a desire to become a successful businessman — which clouded his ability to be compassionate and caring. "He's an intelligent and capable young man and will be punished for what he did," Cacchione said.

Dark Knight drama

Batman patron had gun, knives

A Cleveland-area man has been arrested for carrying a gun, ammunition and several knives into a showing of the *The Dark Knight Rises*.

Police in Westlake, Ohio, say a manager was suspicious of the man and his satchel when he entered the theatre for the *Batman* movie.

Reports say the manager and an off-duty police officer searched the bag and found the weapons.

THE ASSOCIATED PRESS

Mexico murder. Two expats found dead in same apartment, two years apart

Authorities are releasing more details about the horrific death of yet another Canadian while on vacation in Mexico.

The latest victim — identified as Duane Joseph Lang, 46, of Regina — was stabbed 23 times in an apartment in Puerto Vallarta, police said Tuesday.

And they said another expat was found dead in the same apartment a few years ago.

"A few years ago the land-

lord went through a similar experience with another tenant," said Puerto Vallarta police spokesperson Adan Leyva.

An autopsy determined that Lang had been dead for 48-72 hours, said Andres Zuniga, a spokesperson at the Jalisco Forensic Science Institute.

The landlord "found blood spattered everywhere, things all over the place, a knife, and ... called the police," said Leyva. THE ASSOCIATED PRESS

comwave
Long Distance



Over 100,000 Canadians make overseas calls from their mobile phone
Now...You can too!



Comwave will beat all competitors rates... We guarantee it!

30 Minutes FREE
Every Month

Unlimited Canada



Unlimited calling to anywhere in Canada

India



1000 Minute bundle for only \$10/month

Australia 1.8¢/min	Bangladesh 3.9¢/min	Brazil 10.9¢/min	China 1.8¢/min	Colombia 2.9¢/min	Cuba 80.0¢/min	Croatia 2.9¢/min	Germany 1.9¢/min	Hong Kong 1.9¢/min
Honk 4.9¢/min	Israel 1.9¢/min	Italy 1.9¢/min	Sri Lanka 9.9¢/min	Indonesia 7.9¢/min	Mexico 1.9¢/min	Pakistan 2.9¢/min	Philippines 10.9¢/min	Kazakhstan 4.9¢/min
Poland 1.9¢/min	Romania 1.9¢/min	Russia 1.9¢/min	South Korea 1.9¢/min	U.A.E. 14.9¢/min	Ukraine 8.9¢/min	U.K. 1.9¢/min	Vietnam 2.9¢/min	Saudi Arabia 7.9¢/min



1-866-518-0239
www.comwave.net

*While 30 minutes of free service is provided, Comwave reserves the right to restrict any other promotional information at any time. COMWAVE's Lifetime Rate Guarantee is based on competitors' lifetime advertising rates for the first year. Comwave will not take back against third-party or prepaid calling cards due to their excessive billing. Lifetime Rate Guarantee cannot be shared by those that use Comwave's services for one month or less. Lifetime Rate Guarantee will be billed at our lowest rate. Questions? Call us at 1-866-518-0239 or visit our website at www.comwave.net.

Fewer fly Air Canada in July WestJet on top

Air traffic. Losses expected to continue for Air Canada when it reports third-quarter results on Wednesday

Air Canada saw a greater percentage of empty seats on its flights last month compared with a year ago as traffic on Canada's largest airline slipped more than it cut capacity.

The Montreal-based company reported Tuesday that its system load factor for July was 85.9 per cent, down from 86.4 per cent a year ago.

In contrast, Calgary-based rival WestJet Airlines posted a record load factor in July, with improvements in all key performance measures compared with July 2011. Air Canada's lower load factor came as traffic fell 1.1 per cent and capacity was cut 0.5 per cent compared with a year ago. Still, the result

Report

"Record July operating statistics support our positive view of end market conditions for WestJet."

Gregg Saretsky, WestJet president, CEO

was "close to last year's record load factor for the same month and underscores our continued disciplined approach to man-

aging capacity," Air Canada president and chief executive Calin Rovinescu said.

Air Canada said the load factor on its U.S. and transatlantic flights dropped to 80.1 per cent and 87.5 per cent respectively, down from 81.2 per cent and 89.5 per cent. Domestic flights improved their load factor to 84 per cent, up from 83.1 per cent a year ago, while flights across the Pacific improved to 91.5 per cent from 91.2 per cent.

THE CANADIAN PRESS



Air Canada workers talk at Pearson International Airport in Toronto on Thursday. NATHAN DENETTE/THE CANADIAN PRESS

Health care. Pfizer pays \$60M in bribery settlement

Pfizer has agreed to pay the federal government \$60 million US to settle allegations that its employees bribed doctors and other foreign officials in Europe and Asia to win business and boost sales.

The Securities and Exchange Commission said Tuesday that Pfizer's overseas subsidiaries made illegal payments to health care workers in China, Italy, Russia, Croatia and other Eastern European countries.

As early as 2001, Pfizer sales representatives tried to conceal the bribes by recording them as legitimate business expenses for travel, entertainment and marketing purposes, the agency said.

"Pfizer subsidiaries in several countries had bribery so entwined in their sales culture that they offered points and

bonus programs to improperly reward foreign officials who proved to be their best customers," said Kara Brockmeyer, chief of SEC's foreign enforcement division.

New York-based Pfizer first disclosed the misconduct to SEC and Justice Department officials in October 2004, and co-operated with the government's investigation. Pfizer, the largest pharmaceutical company by sales, neither admitted nor denied the allegations.

"The actions which led to this resolution were disappointing, but the openness and speed with which Pfizer voluntarily disclosed and addressed them reflects our true culture," said Amy Schulman, executive vice-president and general counsel for Pfizer.

THE ASSOCIATED PRESS

FORT WHYTE BY-ELECTION

Tuesday, September 4

A provincial by-election has been called for voters in Fort Whyte to elect a new MLA.

Fort Whyte voters: Make sure your name is on the Voters List

If your name was on the Voters List for the October 4, 2011 provincial general election, you will receive an enumeration card at your home. The card will tell you where and when you can vote. If you don't receive an enumeration card by Friday, August 10, or if the name or address on the card is incorrect, contact the returning office.

At your door

Elections Manitoba revising agents will visit homes in newer areas of Fort Whyte to add voters to the list. Look for their photo ID and yellow vests when they come to your door.

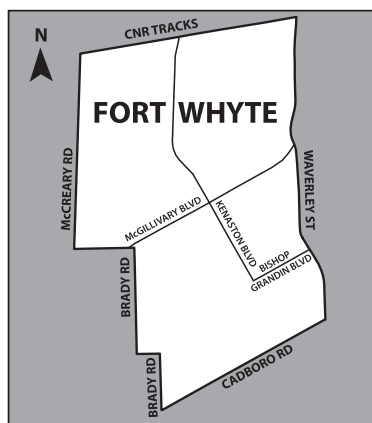
Voters who will be away: Apply for absentee voting

If you will be away election day and for advance voting, Saturday, August 25 to Saturday, September 1, you may qualify for absentee voting. To apply, contact the returning office.

Potential by-election candidates: Complete the nomination process

Official nomination forms are available from the Fort Whyte returning office and must be returned before 1:00 p.m. Monday, August 20.

You must live within the Fort Whyte boundaries to be eligible to vote:



South of CNR tracks, west of Waverley St., north of Cadboro Rd, east of Brady Rd, City limits and McCreey Rd

Questions?

Fort Whyte Returning Office • 204 948-0512
ROFortWhyte@elections.mb.ca

Market Minute

DOLLAR
100.25¢
(+0.44¢)

TSX
11,863.50 (+200.91)

OIL
\$93.67 US (+\$1.47)

Natural gas: \$2.964 US (+\$5.6¢)
Dow Jones: 13,168.60 (+\$1.09)

GOLD
\$1,612.80 US (-\$3.40)

Apple

iPhones, iPads to ditch YouTube app

Apple says the next version of its software for the iPhone and iPad won't come with a pre-installed YouTube application.

Users will be able to play YouTube videos in the Web browser, says Apple spokeswoman Trudy Muller. Google Inc., which owns YouTube, is also working on a downloadable app, she says. Muller says Apple Inc.'s license to include the YouTube app has expired, but did not explain why it hasn't been extended.

Google says it's working with Apple to ensure a quality YouTube experience. THE ASSOCIATED PRESS

Military export

U.S. senators accuse Canadian company of law violation

Two high-profile American senators are demanding tougher action against a Canadian aerospace company that has admitted to exporting military software to China in violation of U.S. law.

Pratt and Whitney Canada, owned by U.S. defence giant United Technologies Corporation, has acknowledged selling the computer programs that could allow China to complete the development of its first modern attack helicopter. THE CANADIAN PRESS

OPPRESSION IN BELARUS MAKES FOR A GOOD CHILD'S FABLE



JUST SAYIN'
Paul Sullivan
metronews.ca/voices/
just-saying

I had this great idea for a children's book:

The Dark Lord rules over a country far away. He is very powerful and prevents anyone from speaking out against his

government, even though the economy is a mess and the living standard is low. A group called Reporters Without Borders ranks this sad country 154th out of 178 countries in its Press Freedom Index.

After I penned a story

Imagine my distress when I find out that my story, which is going to allow me to replace J.K. Rowling at the top of the list of Fabulously Wealthy Children's Authors, really happened!

treasure that should go to hungry children. But the damage is done. Everyone is laughing at the Dark Lord, who can't even stop an invasion of teddy bears. His mojo is toast.

Imagine my distress when I find out that my story, which is going to allow me to replace J.K. Rowling at the top of the list of Fabulously Wealthy Children's Authors, really happened! And it's still happening.

The Dark Lord, also known as Alexander Lukashenko, the President of Belarus, has expelled the ambassador of the good people, who are in reality employees of a Swedish ad agency who thought the Teddy Bear Invasion would be a good way to get Belarusian oppression of human rights on the news agenda.

It worked. It doesn't hurt that Teddy Bear Terrorists Tomas Mazetti and Hannah Frey look like Swedish movie stars and the teddies are pretty darn cute too, with their little parachutes and placards.

Of course, because this is real life and not a child's fable, everyone is definitely not living happily ever after. Lukashenko is arresting anyone who dares to smile, and, meanwhile, the jails are full of human rights activists and former presidential candidates.

Still, you have to admire the Swedish protest and its simple, child-like charm. In a country where protesters have been arrested just for clapping or ringing their cellphones in unison, you need to be creative to tell a modern story of brutal, systematic oppression.

I know I'm inspired — I'm just about finished the New Adventures of Delta Force Teddy — in which the bears fly to North Korea to infiltrate Kim Jong-un's bedroom to discover the identity of the mystery lady who suddenly turned up at his side.

Stay tuned.

One day, good blond people from a magic land hear about the human rights abuses of the Dark Lord, including the death of a human rights activist, and decide to take action. They fly a small plane into the Dark Lord's domain and parachute 1,000 teddy bears calling for free speech, and then escape untouched.

When the Dark Lord finds out, he gets very angry and fires his generals who did nothing, despite boasting of a sophisticated defence system fuelled by

A turtle is born ... from plastic



ACT4.CO/SOLENT

Up-cycled art

Brilliant sculpture made from trash

This enchanting turtle floating in deep azure blue sea is truly unreal — in fact the creature is made entirely from discarded and reclaimed household objects.

Artist Sayaka Ganz's stunning sculptures — which also include a whale, fish, dog and an albatross — measure from half a metre to two and a half metres.

METRO

A knack for recycling

- **Plastic passion.** Ganz sorts everything plastic — from sunglasses and cutlery to baskets and cooking utensils — into 20 colour groups in her basement. "I have been collecting plastic objects for four years now, and I have about 20 bins of colour-sorted plastics," she said. Some of her items are found in garbage cans, some in charity shops and the rest are donated by friends and relatives.

- **Japanese philosophy at heart.** Despite now working in Fort Wayne, Ind., Ganz keeps the traditions from her childhood homeland close to her art: "Japanese Shinto beliefs are such that all objects and organisms have spirits, and I was taught in kindergarten that objects that are discarded before their time weep at night inside the trash bin." She added: "My goal is for each object to transcend its origin by being integrated into an animal/organic forms that are alive and in motion."



Artist Sayaka Ganz, 35, hails from Yokohama, Japan.

CONTRIBUTED



Tomas Mazetti and Hannah Frey show a teddy bear on a parachute as they pose for a photo in Berlin recently. The slogan on the paper fixed to the bear reads: "We support the Belarusian struggle for free speech."

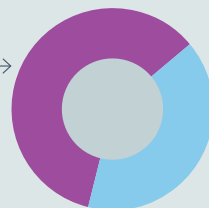
GERO BREILOER/THE ASSOCIATED PRESS



Register at metropolitanpanel.ca and take the quick poll

How do you feel Canada is faring in the Olympics?

60%
OUR
COUNTRY IS
BEING
REPRESENTED
BEAUTIFULLY



40%
BRUTALLY.
NOT ENOUGH
MEDALS OF
ANY SORT

Twitter

@chr1sreid: So, was Dark Zone #Winnipeg opening up again just a made-up story that I truly believed?

@firstheart42: the one plus if there is a hockey lockout i will be able to filter "jets" without missing important winnipeg news

@philgass: Morning after #CanWNT game I'm hoping Winnipeg gets either

the CAD or USA group in 2015 World Cup. Almost want US more #trappedinahellhole

@lisabaldwinson: Worst commentators on @NBC stop cutting down all the athletes! If you don't have positive things to say then STFU!

@suverq: If I have to brake to let you switch lanes, I best get a hand wave #rude



President Bill McDonald • Vice-President & Group Publisher, Metro Western Canada Steve Shroot • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Winnipeg Elisha Dacey • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Vice-President, Sales Quin Millar • National Sales Director Peter Barfrem • Sales Manager Allison Zulyniak • Distribution Manager: Rod Chivers • Vice-President, Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Marketing & Interactive Jodi Brown, Vice-President, Finance Phil Jameson METRO WINNIPEG 161 Portage Ave E Suite 200 Winnipeg MB R3B 2L6 • Telephone: 204-943-9300 • Fax: 888-846-0894 • Advertising: 204-943-9300 • adinfo@winnipeg@metronews.ca • Distribution: winnipeg_distribution@metronews.ca • News tips: winnipeg@metronews.ca • Letters to the Editor: winnipegletters@metronews.ca



Jeremy Renner takes over leading man role in the latest Bourne flick. HANDOUT

The Jason Bourne facsimile

Damon relinquishes role. Renner picks up the lead in secret-agent thriller but it's not the first time Bourne has seen changes

The writer reportedly enjoyed the 1988 300-minute, two-part made-for-television movie of *The Bourne Identity* starring mini-series king Richard Chamberlain in the role Damon later made famous.

Despite a cheeseball love scene between Chamberlain and co-star Jaclyn Smith the TV special (now available on DVD) was a faithful adaptation of the first Bourne novel and even earned its lead actor a Golden Globe nomination.

These days Ludlum would be hard pressed to recognize his character, however.

He wrote the first three Bourne books but after his death the series was kept alive by writer Eric Van Lustbader, who has made slight, but noticeable changes to the character over the course of seven subsequent novels.



IN FOCUS
Richard Crouse
scene@metronews.ca

Writer Robert Ludlum died a year before Jason Bourne, his most famous character, was brought to life on the big screen by Matt Damon.

He didn't get to enjoy Damon's take on the action hero, but he did see another version of *The Bourne Identity* and the famous superspy.

Quote

"Damon didn't want to return to the franchise but the studio still wanted another Bourne movie."

Moviegoers may also find themselves a tad confused this weekend when Jeremy Renner takes over the lead from Damon in *The Bourne Legacy*. Renner, who beat out Jake Gyllenhaal, Michael Fassbender, Taylor Kitsch and Josh Hartnett for the gig, isn't playing Jason Bourne, but a reasonable facsimile — a trained assassin brainwashed into taking part in covert government activities.

In Hollywood they call that expanding "the fran-

chise mythology."

In other words, Damon didn't want to return to the franchise but the studio still wanted another Bourne movie.

Ludlum's books — he wrote 23 thrillers with sales estimated between 290 to 500 million — have also provided the basis for several movies without the name Bourne in the title.

The Osterman Weekend is a confusing movie about a television journalist who becomes convinced his friends are a threat to national security. Ludlum apparently offered to rewrite the perplexing script at no charge, but was rejected by the movie's producers.

The result is an entertaining mess the *New York Times* said, "has a kind of hallucinatory craziness to it."

More troubles

The Holcroft Covenant was another troubled production.

- **Unhappy.** Star James Caan walked out the day before filming was to begin, unhappy with the script. His replacement, Michael Caine, carries the espionage story, but the action scenes are more entertaining than the spy story.

- **Another movie.** In development is the *Chancellor Manuscript*, Ludlum's story about J. Edgar Hoover's alleged "secret files." Leonardo DiCaprio is rumored to be in talks to star.

On the web



Madonna hopes for release of Russian rockers facing trial over punk prayer against Putin



AUGUST 5-18 20

WINNIPEG | MANITOBA | CANADA

1.800.665.0234 | 204.982.6210

F O L K L O R A M A . C A

Find us on Facebook



Follow us on Twitter



Hit the dance floor at a late night party!

Check the app for details.



Ryan Lochte

Olympic swimmer crushing on Lively

New U.S. Olympic swimming star Ryan Lochte knows what he likes when it comes to famous women. When asked by CNN's Piers Morgan what famous woman he would choose to spend the rest of his life with, Lochte responded,

"Uh, right now, Blake Lively. She is gorgeous." And Lochte says he wouldn't let Lively's boyfriend, Ryan Reynolds, stand in his way if he were to meet her. "I would be like, 'Hi.' I'd be like, 'You want to go to an island with me?'" he said.

Bieber's remarks irk Aboriginal spokesperson

Justin Bieber might have thought he was making a joke during a Rolling Stone interview, but Canada's Congress of Aboriginal Peoples certainly isn't laughing.

"I'm actually part Indian," Bieber said told the magazine. "I think Inuit or something. I'm enough per cent that in Canada I can get free gas." The line prompted Betty Ann Lavallée,



Justin Bieber

a spokeswoman for the Congress, to respond, "Mr. Bieber's comment that Aboriginal people are entitled to free gas is simply not true," according to a statement to Canada's First Perspective. "These kinds of remarks are another example of what Aboriginal peoples in Canada struggle with every day. It promotes the misconception that we are somehow getting a free ride."



Russell Brand

Brand still fighting the addiction disease

Despite 10 years of being clean and sober, Russell Brand still knows the pull of addiction. In a scene from his upcoming BBC documentary on the subject, Brand watches footage of his younger self doing drugs and is surprised by his reaction. "This is when you know it's a

disease. It doesn't matter that I was in that flat in Hackney and now I'm in the Savoy. I'm jealous of me then," he says, according to the Daily Mail. "It doesn't make a difference to me. The money, the fame, the power, the sex, the women — none of it. I'd rather be a drug addict."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Posh Spice doesn't come cheap

THE WORD
Monica Weymouth
scene@metronews.ca

Forget the opening ceremony — the Spice Girls are reuniting for a performance at the Olympics' closing ceremony.

Unfortunately though, things don't always go smoothly when five washed-up pop stars try to squeeze back into their platform sneakers.

It seems Victoria Beckham — or, as we never

stopped calling her, Posh Spice — has some wardrobe requirements.

"They are paying at least \$15,000 for Victoria Beckham's hair, makeup and stylist. In comparison, the other Spice Girls cost one-fourth of what Victoria is costing," a source tells Hollyscoop of the Olympic preparations.

"All of the diva stories about Victoria are true. This is p—ing off the other Spice Girls. They don't understand why she is getting special treatment."

Allow us to explain, ladies: It's because her name is Victoria Beckham, and she could purchase half the participating countries.

NBC responds to the Osbournes

Sharon Osbourne quit her gig as a judge on America's Got Talent, claiming that NBC unfairly axed her son Jack from a new reality show, Stars Earn Stripes, after his MS diagnosis.

NBC is delicately saying that this isn't quite true — it's more that he's just plain out of shape compared to the professional athletes, trainers and former boy band members (looking good, Nick Lachey!) who made the final

cut.

"As a company that cares deeply about the health and safety of everyone on our shows — especially one like Stars Earn Stripes that requires dangerous water stunts, strenuous physical activity and uses live ammunition — we required all potential participants to undergo medical vetting," NBC Chairman Bob Greenblatt explained in a statement.

Twitter



@NathanFillion

How's your handshake? You sure? Is it too hard? Do you pinch? People think they have it right, but don't. Seriously- check.



@Joan_Rivers

Ryan Lochte admits that he urinated in the water at the Olympics. Apparently he saw a sign that said "warm-up pool," so he did.



@kirstiealley

Ya just gotta love love...let's all OD on it... night y'all .. Love, from paradise



@SteveMartinToGo

Using tiny but powerful hotel hair dryer to jet me around room in St. Paul. Fun.

"HILARIOUS AND HEARTFELT"

Peter Travers *Rolling Stone*

"A SMART, ROMANTIC COMEDY FOR GROWN-UPS."

Joe Neumaier, *DAILY NEWS*



Meryl Streep Tommy Lee Jones Steve Carell

A new comedy from the director of "The Devil Wears Prada"

Hope Springs

COLUMBIA PICTURES' ANANDATE PICTURES METRO-GOLDWYN-MAYER PICTURES PRESENT A FILM BY /ESCAPE ARTISTS PRODUCTION A DAVID FRANKEL FILM
MERYL STREEP TOMMY LEE JONES STEVE CARELL "HOPE SPRINGS" WRITTEN BY THEODORE SHAPIRO PRODUCED BY KELL KOPPEL BRIAN BELL LAWRENCE GREY
DIRECTED BY STEVE TISCH CASTING BY JASON BLUMENTHAL NATHAN KAHANE JESSIE NELSON COSTUME DESIGNER VANESSA TAYLOR EDITOR TODD BLACK EXECUTIVE PRODUCERS TODD BLACK GUYMON CASADY PRODUCED BY DAVID FRANKEL
COLUMBIA PICTURES ANANDATE PICTURES METRO-GOLDWYN-MAYER PICTURES ESCAPE ARTISTS DAVID FRANKEL DAVID FRANKEL PRODUCTIONS
SONY PICTURES CLASSICS MGM PICTURES

Starts Today

Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes

SONY

3 LIFE

On the Web



Eighties heart-throb turned travel writer Andrew McCarthy says Toronto is no longer dull

Top 5 universities you can crash at -- for less -- this summer

BY MAE GIFFORD
life@metronews.ca

1



Staying at Ryerson is cheap compared to downtown Toronto hotels. PROVIDED BY RYERSON UNIVERSITY

Ryerson University

Price: \$54 for a single bed with shared bathroom

Average price for hotel: \$159

The reason to stay here is location, location, location. Situated around the corner from Yonge-Dundas Square in downtown Toronto, you're mere steps from theatres, the Eaton Centre and transit that can take you to the CN Tower. Each floor of the residence has a common lounge, kitchen and shared laundry facilities.

5

universities to stay in

2



Guests at Dalhousie also get access to Dalplex, the university's athletic facility. FLICKR: BRENT EADES

Dalhousie University

Price: \$31 for students, \$47 for adults

Average price for hotel: \$179

Located in the centre of activity in downtown Halifax, guests are close to many attractions including museums, restaurants and shopping. You'll also get free Wi-Fi and access to Dalplex, the school's athletic facility.

University of Prince Edward Island

Price: \$53 for a single room, \$69 for a double

Average price for hotel: \$179

Minutes from downtown Charlottetown, guests who stay in the residence are treated to free parking as well as bed linen and towel exchange. Want to take a dip in the ocean? The beach is a 20-minute drive away.



Just 20 minutes from the beach, the University of Prince Edward Island also has free parking. HANDOUT

3

University of Victoria

Price: \$47.20 for a single bed

Average price for hotel: \$199

This picturesque city is a must-see for all Canadians, but staying near the inner harbour is pricey. The school is located about 20 minutes from downtown, and the price is right. The best part about staying here? They also throw in breakfast. Apartment-style units with four bedrooms and two bathrooms are also available for \$160 per night.



The University of Victoria offers a variety of options, and includes breakfast. FLICKR: ALEJANDRO ERICKSON

5

Carleton University

Price: \$72.32 per person, includes taxes and all-you-can-eat buffet breakfast

Average price for hotel: \$118

The nation's capital is popular during the summer and staying at Carleton is a great option for the budget-wise. Halfway between the airport and downtown, the school is close to shopping, galleries and museums. Guests who stay here also have access to the school's athletic facilities (including an Olympic-sized pool) for a small fee.



Carleton University can be a low-cost option for travellers visiting Ottawa. FLICKR: ERFANO

4

YOU COULD

WIN*

A RETURN FLIGHT FOR 2 TO NEW YORK CITY VIA LAGUARDIA AIRPORT WITH WESTJET

Multiple flights daily!
Land just 15 kms from downtown Manhattan.

To register visit

clubmetro.com



*No purchase necessary. Terms and conditions apply. For full contest details and terms and conditions, visit clubmetro.com

WESTJET

Tweeting tragedy turns into lesson

Dreams dashed.
Olympian's story of social slip-up important for all hires to hear

ISHANI
NATH
TalentEgg.ca

After years of training and preparation, it took less than 140 characters to dash Greek track athlete Voula Papachristou's Olympic dreams.

The young triple-jump champion was booted from the London 2012 Summer Olympic Games roster after she posted a tasteless tweet about Africans and the West Nile virus, sparking an uproar on social media.

While only a select few get to be professional athletes and partake in the Olympics, this situation speaks to an issue that is common among all of us: social media can have serious repercussions for your career — a lesson that Papachristou is now learning the hard way.



Don't forget that the words you type are connected to your mouth. ISTOCK

To be sure that you don't have to endure the same lesson, Robert Half Division Director Chris Brady has some tips and advice for job seekers and young professionals using social media.

Remember your audience
"Your social profile when you're in college or university can be very differ-

ent than what it should be when you're out in the workforce," says Brady. When you're posting on social media, it's important to remember that you're not on campus anymore. What you post, tweet and upload is available to a much wider network of people than just your immediate network of friends. The web is much

Stay on top of tweets

Manage your brand

- Outside of maintaining a professional persona with the content that you're putting out, it's also important to keep tabs on what others are posting about you. You may not be posting photos from last night's party, but if your friends are, then employers can still find them.
- Monitoring your online presence shouldn't just be a priority when you're on the job hunt, says Brady, it needs to be an ongoing activity. Keep track of what you're saying online and what other people are saying about you to avoid any uncomfortable discussions with current and future employers.

Keep yourself in check

"Check your spelling, check your grammar and, above all, check your content."

Ishani Nath

still lurk around your other social networks to get a sense of who you are.

Amp up your security

If you've racked up years of unflattering party photos or awkward high school banter that you'd rather your current or future boss not see, the easiest solution is to adjust your privacy settings.

Each social media site has help features to explain how to share without sharing with the wrong people. Keeping your social networks private is a quick way to manage your online brand if you don't have time to professionalize your accounts.

Pause before you post

When you have a great tweet or status update, it can be tempting to get it

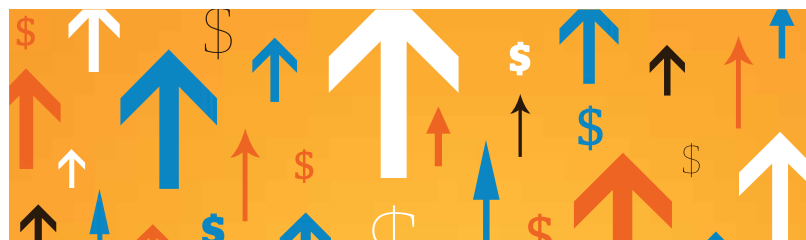
out to the cyber sphere as quickly as possible. But stop a moment and think. This message is potentially going out to more than just your network of friends so you better make sure that it is what you want to say. Check your spelling, check your grammar and, above all, check your content.

Brady says, if you're posting something that employers could find, ask yourself: "Would I stand up in a conference room and make that comment?" If the answer is no, such as in the case of Papachristou's tweet, then don't hit send.

Though you can delete posts off your feed or account, you can never fully erase them. "The information that you put out there once you hit that button is out there for good," says Brady.

ISHANI NATH IS AN ASPIRING WRITER WHO IS LEARNING THE COMPLEXITIES OF THE CRAFT IN RYERSON UNIVERSITY'S MASTER OF JOURNALISM PROGRAM.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



Increase your earnings.

Start a career in Accounting.

why Robertson College?

- ✓ Learn the latest accounting software
- ✓ Become Payroll certified
- ✓ Student Laptop program
- ✓ Half-day classes
- ✓ Career Services



classes start soon! Call now -

204.800.7933

www.robertsoncollege.com

**ROBERTSON
COLLEGE**

**Let Herzing College be your guide to a career
That Makes a Difference**



**CALL
US
TODAY**



Programs:

• Accounting & Payroll Administrator • Administrative Assistant, Business Administration • Clinic Office Assistant • Community Support Worker • Computer Network Technology • Healthcare Aide • Legal Assistant • Medical Laboratory Assistant • Pharmacy Technician

**HERZING
COLLEGE**

1-866 NEW CAREER
723 Portage Avenue, Winnipeg, MB R3G 0M8

CAREER FOCUSED • CONVENIENT • CARING www.herzing.ca

ALL IN THE FAMILY



“They treat you like family,” writes one online reviewer. “And you never go away hungry!” And that’s the whole idea behind Pembina Village Restaurant, which specializes in Greek dishes, but has North American fare on the menu, too. Located on Pembina Highway on the way to downtown

Winnipeg, the friendly, family-owned Greek restaurant was opened by Lazaros and Anastasia Karasoulis almost 28 years ago. The Karasoulis’ came to Canada in 1972. They lived in Montreal for a year, then moved west and ended up in Winnipeg, where they eventually

opened Pembina Village. Today, one of their sons, George, is helping to run the restaurant, and it still reflects their strong family traditions and values. Pembina Village provides a friendly atmosphere (most days, Lazaros sits out front talking to the customers he knows), homestyle cooking (family recipes are favourites on

the menu) and good value (the Karasoulis’ believe in generous portions and reasonable prices).

The restaurant is licensed with a range of reasonably priced wines, and as well as Greek specialties, the menu features pizza, pasta and an all-day breakfast of eggs, hash browns, sausage and toast.

But the most popular item on the menu?

It has to be the chicken souvlaki, says George: Two skewers of marinated, grilled chicken with homemade soup or salad to start, rice, potatoes and vegetables, and garlic toast.

Feeling hungry? Head over to Pembina Village Restaurant and be sure to say hello to Lazaros. It opens at nine in the morning and closes at 10 (later on weekends).

A FAMILY TRADITION

“We’ve been around long enough now to have a few generations of families coming to the restaurant regularly,” says George. “They know my dad and mom, and sometimes they look at me and say, ‘I knew you when you were just a kid’.”

George really did grow up in the restaurant. “Basically, I learned everything from my father. He did all the cooking originally, and I learned by spending years watching him.”

Today, George and his cousin, Sakis from Greece, are the cooks in the kitchen. “Some days my dad comes in to help out, too.”

Get out and enjoy the Patio Season



Pembina Village
RESTAURANT

333 PEMBINA

CALL US AT 477-5439

**JOIN US FOR FOOD EXPERIENCES
YOU DON'T WANT TO MISS!**

**PATIO
SPECIAL
CHICKEN PITA
\$4**

Skip tired barbecue toppings and finish steak with chimichurri sauce

Steak with Chimichurri Sauce



This recipe serves four. THE CANADIAN PRESS H/O

Excellent cuts of barbecued beef suit Canadians' summer lifestyle to a T — simple, great-tasting food grilled to perfection. In this rendition, chimichurri sauce is used.

1. In a food processor, combine parsley, coriander, mint, garlic, cumin, salt and cayenne; pulse until garlic is minced. Add vinegar and mix. Gradually add oil, mixing until thoroughly combined. (Chimichurri can be made up to 1 day in advance. Cover and refrigerate until ready to use or freeze for up to 1 month.)

2. Generously season beef with salt and pepper. Place on greased grill over medium-high heat; close cover and grill for 4 to 6 minutes per side for medium-rare.

3. Meanwhile, if not using vine tomatoes, thread cherry tomatoes on small skewers (if using wooden skewers, soak for about 20 minutes first). Place tomatoes on grill and cook for last few minutes of grilling, just until warmed through. Serve with steak.

Ingredients

Grilled Steak

- 4 beef tenderloin grilling steaks (each 180 g/6 oz) or your favourite cut of grilling beef

- Salt and pepper, to taste
- 1 pkg (200 g) on-the-vine cherry tomatoes or 375 ml (1 1/2 cups) cherry tomatoes

Chimichurri Sauce

- 250 ml (1 cup) chopped fresh parsley

- 125 ml (1/2 cup) each chopped fresh coriander and mint

- 2 cloves garlic, chopped

- 2 ml (1/2 tsp) ground cumin

- 1 ml (1/4 tsp) salt

- Generous pinch cayenne pepper

- 45 ml (3 tbsp) red wine vinegar

- 150 ml (2/3 cup) olive oil

4. Drizzle each steak with 30 ml (2 tbsp) chimichurri. Serve remaining chimichurri sauce on the side. **FOODLAND ONTARIO/ THE CANADIAN PRESS**

Drink of the Week

Sip Brazil's sweet Caipirinha cocktail

Caipirinha, considered Brazil's national cocktail, is a celebrated beverage. Make a variation with watermelon for the perfect party sip.

- 1 lime
- 5 quarter-sized slices ginger
- 10 ml (2 tsp) sugar
- 6 chopped mint leaves
- 60 ml (2 oz) watermelon puree
- 60 ml (2 oz) cachaca
- 30 ml (1 oz) grenadine
- Ice

Muddle lime, ginger, sugar and mint and transfer to a cocktail shaker. Add watermelon puree, grenadine, cachaca and ice. Shake. Pour into a glass and serve.

THE CANADIAN PRESS/
WATERMELON.ORG



Use BBQ side burner to keep kitchen cool in summer heat

Christine Cushing, television host and author of the cook-

books *Pure Food*, *Fearless in the Kitchen* and *Dish it Out*, says a

barbecue with a side burner means an entire meal can be prepared outdoors, helping to keep the cook and kitchen cool.

Succotash, for example, is a southern combination of corn and lima beans but has many variations. This Corn and Pepper Succotash is a quick fresh version that shows off the summer's harvest.

To beat the summer heat, Cushing uses her barbecue's side burner to sauté all the

vegetables. For extra flavour, grill the corn, husked and on the cob, for a few minutes, then remove kernels and add to sauté pan.

1. In a large skillet with over medium-high heat, melt butter. Add onion, red pepper and jalapeno and sauté for 4 minutes, just to soften. Add garlic and sauté for 1 minute, until golden.

2. Add corn kernels, lima



This recipe serves six. NEWS CANADA

beans and tomatoes and reduce to medium heat, season and cover. Cook until tender, 7 to 10 minutes, until corn and lima beans are softened. If pan is dry before beans and corn are tender, add a bit of water.

3. Season with salt and pepper and add chopped cilantro

THE CANADIAN PRESS/ PURE FOOD: HOW TO SHOP, COOK AND HAVE FUN IN YOUR KITCHEN EVERY DAY BY CHRISTINE CUSHING (WHITECAP BOOKS, 2010)

Just
Time for a change **\$29⁹⁵**
OIL, FILTER & MORE!



NFL

Ryan lays down law at Jets practice

Rex Ryan ordered his players to cut out all the nonsense.

When the New York Jets ignored their coach, it was time to run. And run some more.

A day after a 20-player throwdown highlighted a chippy practice, Ryan made his players run a series of



Rex Ryan. GETTY IMAGES FILE

sprints Tuesday as punishment for a few minor scuffles on the field. **THE ASSOCIATED PRESS**

NFL

First female official 'a little nervous' and plenty excited

The NFL's first female official is welcoming her role as a sports pioneer.

Shannon Eastin says she's excited and a bit nervous but not at all intimidated by the challenge of working a

pro game. Eastin makes her debut Thursday as the line judge when the Green Bay Packers play San Diego in the pre-season opener.

"I want to encourage women: Don't be afraid," Eastin said on a conference call Tuesday. "Pursue and have dreams. This is my dream. With very step I hope to show it really doesn't matter if you are male or female."

THE ASSOCIATED PRESS

Golf



"Things have progressed, but still, not winning a major championship doesn't feel very good."

Tiger Woods, who will get his last chance to win a major in 2012 at this week's PGA championship.

What pressure? Raonic delights hometown crowd

Tennis. Canada's top-ranked player records first Rogers Cup win in straight sets

Milos Raonic is the last Canadian left in the Rogers Cup men's tournament.

Raonic disposed of Viktor Troicki of Serbia 6-3, 6-4 on Tuesday, while fellow countrymen Frank Dancevic and Vasek Pospisil lost their matches.

Raonic said he felt no unusual pressure playing before his hometown crowd.

"Obviously it's a little bit different when you got on the court, but before the match I really didn't change anything the way I would normally," he said.

The 21-year-old from Thornhill, Ont., appeared completely at ease as he recorded the first Rogers Cup victory in his short, rapidly rising career.

His next opponent could be Olympic champion Andy Murray who plays in the tournament Wednesday. "I played him earlier this year," Raonic said. "I know if I play well, I'll have my opportunities."

Earlier in the day, Juan Monaco of Argentina defeated Pospisil of Vancouver 7-5, 6-4 and

Mikhail Kukushkin of Kazakhstan defeated Dancevic of Niagara Falls, Ont., 6-3, 7-5.

Raonic's serve is his biggest weapon and he hammered seven aces in the match that took one hour eight minutes to play.

He would like to continue to improve other aspects of his game so that as his career evolves he will be known for more than a big serve.

"I hope so," he said. "That's definitely the plan. That's what I am going to need to do if I am going to achieve the things I want to achieve."

"But no matter what, my serve is going to be my best part and probably the first thing that comes out of people's mouths when they sort of come to describe me. Maybe at one point people will get sick of talking about it and I'll be doing something else well." **THE CANADIAN PRESS**

Quoted

"I sort of came out and was pretty fluid and relaxed throughout the match from the beginning to the end."

Milos Raonic said he didn't feel any pressure during his win on Tuesday



Canada's Milos Raonic plays a shot against Serbia's Viktor Troicki during the Rogers Cup in Toronto on Tuesday. CHRIS YOUNG/THE CANADIAN PRESS

In Montreal

Rest not an option for Azarenka

It's been a hectic time for Victoria Azarenka, but it has not kept the world's top-ranked women's tennis player away from the women's Rogers Cup.

Azarenka arrived in Montreal on Tuesday from the London Olympics, where she won bronze in singles and then gold in mixed doubles with Belarus compatriot Max Mirnyi.

"It's not easy to regroup mentally because you want to celebrate a bit, but you have no time," Azarenka said Tuesday. "But I'm happy to be here."

THE CANADIAN PRESS



Victoria Azarenka in Montreal on Tuesday. GETTY IMAGES

Mobile sports



Punctures. Broken saddles. Shoe issues. The Olympics is not the place for a cyclist to have a mechanical malfunction. Some problems can't be anticipated. But for the rest, the Canadian track cycling team has veteran mechanic Sandy MacDonald. Scan the code for the story.

Rusch goes the distance as Goldeyes stomp Pheasants

The Winnipeg Goldeyes bats came out swinging for the second game in the row giving the Fish an 8-2 victory over the Sioux Falls Pheasants Tuesday night in front of 5,045 at Shaw Park.

Starting pitcher Matt Rusch pitched a complete nine innings only allowing two runs on five hits in the game. It was the first complete game pitched by a Goldeyes starting pitcher this season.

Winnipeg grabbed a big early lead in the game. With the Fish already up 2-0 in the second they got another

run thanks to a double by Jose Duran who was injured on the play and replaced by Price Kendall. Kendall got home in the inning thanks to a hit by Mike Coles. The Fish would add two more in the inning to go up 5-0.

The Pheasants got back in the game in the third scoring two runs, but the Fish got another run in the bottom of the inning when a single by Josh Mazzola brought home Yurendell de Caster to put Winnipeg up 6-2.

Winnipeg kept rolling over the Pheasants after that

Game 3

The Goldeyes and Pheasant will do battle again in the final game of a three-game set Wednesday at 7 p.m. at Shaw Park.

scoring runs in the fourth and sixth innings to make the score 8-2.

The win puts Winnipeg four games up on Kansas City for the lead in the American Association wild-card race. **DAVE BAXTER/FOR METRO**

MLB. Shields tosses gem to lead Rays over Blue Jays in divisional matchup

James Shields threw eight strong innings, Evan Longoria drove in a run in his return from an injury, and the Tampa Bay Rays beat the Toronto Blue Jays 4-1 on Tuesday night.

Shields (10-7) allowed one run and two hits. The right-hander was coming off a three-hit shutout last Tuesday at Oakland.

Longoria rejoined the Rays after missing 85 games because of a partially torn left hamstring. He went 1-for-3 with a sacrifice fly as the designated hitter.

Fernando Rodney pitched the ninth for his 33rd save and completed the three-hitter. The closer set a team record for relievers — breaking the mark set by Joe Borowski (21) in 2005 — by extending his shutout streak to 22 consecutive innings.

J.A. Happ (0-1), making his first start with the Blue Jays, gave up four runs and seven hits in 4 1-3 innings. He had made four relief appearances since being acquired from Houston on July 20.

THE ASSOCIATED PRESS



BELIEVE
IN YOUR
SMELL



Finishing on a high note: Drouin overcame injury to win bronze

High jump. Three-time NCAA champion wins Canada's first medal in high jump since 1976

A year ago at this time, Derek Drouin was barely walking, let alone leaping.

The 22-year-old from Corunna, Ont., had suffered a lisfranc fracture, a gruesome foot injury that has ended the careers of countless athletes, and one that his doctor warned may keep him off Canada's Olympic team.

Certainly no one watching Tuesday night would have guessed that as he captured bronze in the men's high jump, Canada's first track and field medal at the London Olympics and its first in the event since Greg Joy's silver at the 1976 Montreal Games.

"That was the amazing thing," said his coach Joel Skinner, a high school teacher in Sarnia. "He struggled with it, got over it, was determined, came back from it. He has come back from this lisfranc fracture

Quoted

"Basically my goal was just to get through the season and get to the Olympics."

Derek Drouin, bronze-medal winner in the men's high jump, who had surgery to secure his foot with screws and then was sidelined for eight months.

to win an Olympic medal and a lot of people need to know about that because it's just an amazing feat."

Drouin finished in a three-way tie with Britain's Robert Grabarz and Qatar's Mutaz Essa Barshim. All three cleared 2.29 metres without any misses then missed three attempts at 2.33 metres.

Ivan Ukhov of Russia won the gold with a jump of 2.38 metres while American Erik Kynard took silver with 2.33.

Mike Mason of Nanose Bay, B.C., was eighth with 2.29, narrowly missing on one of his attempts at 2.33 metres that would have put him in the medals.

Drouin suffered the injury in March 2011 when he planted his right takeoff foot an odd way. The mid-foot injury results when the metatarsal bones are displaced.

"My doctor made it very clear that if I was going to qualify (for London) it was going to be very, very tight. The rehab was extensive, it was very long," Drouin said.

It was a remarkable turn of events for an athlete so young competing on sport's biggest stage. The London Olympics represented Drouin's first national senior team appearance. The largest crowd he'd ever jumped in front of before the Olympics was at Penn Relays one year when Jamaican superstar Usain Bolt was racing.

But the young jumper wasn't overwhelmed competing before some 80,000 people Tuesday night.



Derek Drouin wraps himself in the Canada flag as he celebrates his bronze in the men's high jump finals Tuesday at Olympic Stadium in London, England.

SEAN KILPATRICK/THE CANADIAN PRESS

"He's a rare one, he doesn't get rattled by too much, he has great focus, and thinks of everything as just another track meet," said Skinner.

For the better part of two hours, he made sure his eyes didn't stray up beyond the first couple of rows at Olympic stadium. Drouin looked at the

high jump pit, and he looked up at his coach sitting a couple of rows up from track level, and not much else.

"I do a good job of getting out there and not noticing everything," he said. "I did not notice how big this stadium actually was until I was doing my victory lap." **THE CANADIAN PRESS**

On the track

- Drouin's success at the Olympic Stadium could not be matched by Phylicia George of Markham, Ont., and Calgary's Jessica Zelinka on the track.
- Both qualified for the final of the women's 100-metre hurdles, but George wound up sixth in 12.65 seconds, while Zelinka was seventh in 12.69 seconds.

Diving. Despatie 11th in fourth and final Olympics

Ilya Zakharov of Russia scored 104.50 points on his last dive to win the three-metre springboard at the London Olympics, spoiling China's bid to sweep all eight diving events.

Zakharov totalled 555.90 points in the six-round final Tuesday night. Qin Kai of China took the lead into the last round, but he settled for silver at 541.75.

He Chong, the defending champion and Qin's teammate, earned the bronze at 524.15.

Alexandre Despatie of Laval, Que., finished 11th in his final Olympics.

"My objective this year was to compete at my fourth Olympics," said the 27-year-old, who suffered a serious injury in training in June. "I had a lot of roadblocks on the way and I pushed myself to the limit to get there.



Alexandre Despatie performs in the men's three-metre diving final in London, England. **THE CANADIAN PRESS**

"It was the most taxing year of my life and just to be here was something special to me. I was lucky to be here in the first place." **THE ASSOCIATED PRESS/THE CANADIAN PRESS**

Synchronized swimming

Russians reprove dominance in duet

Natalia Ishchenko and Svetlana Romashina extended Russia's domination of synchronized swimming with an Olympic gold medal in duet on Tuesday.

The Russians improved on their free score from the prelims, finishing with a total of 197.100 points. They haven't lost an Olympic synchro event since the 1996 Atlanta Games.

The only real drama was for silver, which went to Spain's Ona Carbonell and Andrea Fuentes with 192.900 after a lively, Tango-themed routine that had the crowd at the Aquatics Centre clapping along nearly the whole way.

China's Huang Xuechen and Liu Ou finished third with 192.870.

THE ASSOCIATED PRESS

Wednesday's 3 to watch



Equestrian

Defending champion Eric Lamaze, of Schomberg, Ont., pictured, and 10-time Olympian Ian Millar, of Perth, Ont., will represent Canada in the individual jumping event.

Time: 7:55 a.m.
Channel: TSN

Women's beach volleyball

It's an all-American final. Kerri Walsh Jennings and Misty May-Treanor will face April Ross and Jennifer Kessy, pictured, for the gold medal.

Time: 2 p.m.
Channel: TSN



Women's wrestling

Hazleton, B.C.'s Carol Huynh returns to the Olympic mat to try to defend her gold medal from the 2008 Beijing Games in the 48-kg weight class. Huynh is one of Canada's best chances for a medal on Wednesday.

Time: 6:20 a.m.
Channel: Sportsnet

Boxing

Clayton narrowly loses in quarters

Custio Clayton gave Canadian boxing a shot in the arm early in the Olympic men's welterweight tournament.

He came within a few punches of doing much more than that Tuesday night at ExCel South Arena 2.

With a semifinal appearance and a guaranteed medal on the line, Clayton fought

European champion Freddie Evans to an even 14-14 score but the Brit won on a count-back to advance.

The countback is used to break scoring ties. Officials count the number of punches thrown in the fight and the boxer with the higher total wins. The final punch statistics aren't normally released.

The Canadian team filed a protest later in the evening but it was rejected by the International Amateur Boxing Association, according

to the team's media attache. The Canadian team said in the failed appeal that Evans should have been given a warning after receiving a third caution for the same foul.

A warning gives two additional points to the opponent. The venue's media manager said officials planned to review the video, but there was no immediate word on when a decision would be announced.

THE CANADIAN PRESS

Day 11 results

MEDAL STANDINGS

200 of 302 total medal events

Nation	G	S	B	Tot
China	34	21	18	73
United States	30	19	21	70
Britain	22	13	13	48
Russia	10	18	20	48
Japan	2	13	14	29
France	8	9	11	28
Germany	6	14	7	27
Australia	4	12	9	25
South Korea	12	5	6	23
Italy	7	6	4	17
Netherlands	5	3	6	14
Canada	1	3	7	11
Hungary	4	2	3	9
New Zealand	3	1	5	9
Ukraine	3	0	6	9
Romania	2	5	2	9
Iran	4	3	1	8
Belarus	3	2	3	8
Denmark	2	4	2	8
Brazil	2	1	5	8
Poland	2	1	5	8
Kazakhstan	6	0	1	7
Cuba	3	3	1	7
Sweden	1	3	3	7
Spain	1	4	1	6
North Korea	4	0	1	5
Czech Republic	1	3	1	5
Kenya	1	2	2	5
Mexico	0	3	2	5
South Africa	3	1	0	4
Jamaica	2	1	1	4
Ethiopia	2	0	2	4
Slovenia	1	1	2	4
Colombia	0	3	1	4
Slovakia	0	1	3	4
Croatia	2	1	0	3
Georgia	1	1	1	3
Armenia	0	1	2	3
Azerbaijan	0	1	2	3
Belgium	0	1	2	3
India	0	1	2	3
Dominican Republic	1	1	0	2
Switzerland	1	1	0	2
Lithuania	1	0	1	2
Egypt	0	2	0	2
Estonia	0	1	1	2
Indonesia	0	1	1	2
Mongolia	0	1	1	2
Norway	0	1	1	2
Serbia	0	1	1	2

WHAT CANADA DID

Tuesday at the 2012 London Olympics

ATHLETICS

Men's 200m — First Round Qualifying — Aaron Brown, Toronto, finished third in heat two qualified with a time of 20.55. Tremaine Harris, Markham, Ont., finished fifth in heat

nine and qualified with a time of 20.72. Jared Connaughton, New Haven, P.E.I., finished third in heat seven and qualified with a time of 20.72.

Men's 800m — Semifinals — Geoffrey Harris, Halifax, finished seventh in heat three and failed to qualify with a time of 1:46.14.

Men's High Jump — Final — Derek Drouin, Corunna, Ont., won a bronze medal (2.29). Michael Mason, Nanossee Bay, B.C., finished eighth.

Women's 200m — Semifinals — Crystal Emmanuel, Toronto, finished seventh in heat three with a time of 23.28 and failed to qualify.

Women's 100 Hurdles — Semifinals — Nikkita Holder, Pickering, Ont., finished sixth in heat one with a time of 12.93 and failed to qualify. Finals — Phyllicia George, Markham, Ont., finished in sixth with a time of 12.65 and Jessica Zelinka, Calgary, finished in seventh with a time of 12.69.

Women's 5000m — First Round Qualifying — Sheila Reid, Canada, finished in 15th in heat two and failed to qualify with a time of 15:27.41.

Women's Javelin — Qualifying — Elizabeth Gleadle, Canada, (60.26), 197-8, finished sixth in group one and qualified.

BASKETBALL

Women's quarterfinal — Canada was defeated 91-48 in their quarterfinal game against the U.S. Kim Smith, Mission, B.C., scored 13 points, while Chelsea Aubry, Kitchener, Ont., added 10.

BOXING

Men's Welter (69kg) — Custio Clayton of Dartmouth, N.S., lost his quarter-final match to Freddie Evans of Great Britain. The result was 14-14, but Evans won on a countback.

CANOE/KAYAK

Women's Kayak Singles 500 — Semifinals — Emilie Fournel, Lachine, Que., finished sixth in heat one and failed to qualify with a time of 1:54.120.

CYCLING (TRACK)

Women's Omnium — Final Ranking — Tara Whitten, Edmonton, finished fourth with (7; 3; 8; 3; 6; 10) 37 points.

DIVING

Men's 3m Springboard — Alexandre Despatie, Laval, Que., finished in 11th with a combined score of 413.35. Francois Imbeau-Dulac, St-Lazare, Que., finished 13th in the semifinal with a combined score of 440.20 and failed to qualify for the final.

EQUESTRIAN

Individual Dressage — Ashley Holzer, Toronto,

finished fourth place with a score of 1.

SAILING

Men's Windsurfer — Zac Pavisic, Vancouver, finished eighth (100).

Women's Windsurfer — Nikola Girke, West Vancouver, B.C., finished 10th (109).

Men's 470 — Mike Leigh, Vancouver, and Luke Ramsay, Vancouver, were 25th (179).

SYNCHRONIZED SWIMMING

Duet — Marie-Pier Boudreau Gagnon, Riviere-du-Loup, Que., and Elise Marcotte, Quebec City, finished in fourth with a two-day combined total of 189.20.

TRIATHLON

Men — Kyle Jones, Oakville, Ont., finished 25th with a time of 1:49:58. Brent McMahon, Victoria, finished in 27th with a time of 1:50:03 and Simon Whitfield, Victoria, did not finish the race.

SOCCER

MEN

SEMIFINALS

Tuesday, Aug. 7

At Wembley, England

Mexico 3, Japan 1

At Manchester, England

Brazil 3, South Korea 0

BRONZE MEDAL MATCH

Friday, Aug. 10

At Cardiff, Wales

Japan vs. South Korea, 2:45 p.m.

GOLD MEDAL MATCH

Saturday, Aug. 11

At Wembley, England

Mexico vs. Brazil, 10 a.m.

BASKETBALL

WOMEN

Tuesday, Aug. 7

Quarterfinals

Australia 75, China 60

United States 91, Canada 48

Russia 66, Turkey 63

France vs. Czech Republic

At North Greenwich Arena

Thursday, Aug. 9

Semifinals

Australia vs. United States, Noon

Russia vs. France-Czech Republic winner, 4 p.m.

Saturday, Aug. 11

Bronze medal, Noon

Gold medal, 4 p.m.

Canadian women's soccer coach John Herdman says his players have to pick themselves up following their crushing Olympic semifinal loss to the United States.

"These next days are going to be crucial," Herdman said on a conference call Tuesday. "We can just minimize distractions and be ready to get absolutely clear about achieving the task and making the country proud by seeing that flag rise."

But the distractions continued ahead of Thursday's bronze-medal game with France as FIFA announced it is investigating comments made

Whitfield bows out of race after crash on bike

Triathlon. Former gold medallist fails to finish competition in what could be his last Olympic appearance

Simon Whitfield intended to throw a final haymaker in his fourth Olympic triathlon. He didn't get beyond cocking his fist.

Within seconds of getting onto his bike, the 37-year-old crashed spectacularly in a freak accident Tuesday at the London Games and couldn't continue.

Whitfield watched Britain's Alistair Brownlee win gold from the medical tent while he received stitches in his toe and treatment for other assorted hurts.

The Olympic champion of 2000 and silver medallist of 2008 may have been a medal longshot in London, but he'd invested heavily in one last go at the podium.

Whitfield's chin dropped to

Twitter response



"Devastated for Simon. Witnessed first hand his incredible

work ethic and commitment. He was so ready for this race. #hero"

Paula Findlay, the teammate Whitfield strongly defended on Twitter after her disappointing finish at the women's triathlon, was one of the first to react to Whitfield's own failure.



Canada's Simon Whitfield talks to reporters after crashing in the men's triathlon on Tuesday.
SEAN KILPATRICK/THE CANADIAN PRESS

his chest while speaking of the time away from wife Jennie and their two young daughters Pippa Katherine and Evelyn.

When he met with his family under the grandstand, he said five-year-old Pippa Katherine had a bouquet of maple leaves for him.

"My breakdown moment was seeing my wife because I know how much Jennie puts into this and we're a team and she's put in so much sacrifice being at home a lot alone,"



"When I was in middle school and ran cross country, I would always pretend I was @simon-whitfield at the end. He's a hero to so many"

Canadian Olympic swimmer Julia Wilkinson.

Whitfield said. "It was hard to see my daughter upset, my wife upset and I was pretty upset. That means it means something doesn't it?"

Spaniard Javier Gomez earned silver and Brownlee's younger brother Jonathan took bronze. It wasn't a banner day for the Canadian team. Kyle Jones of Oakville, Ont., was disappointed in his 25th-place finish. Victoria's Brent McMahon was 27th.

Whitfield came out of the 1.5-kilometre swim in the Serpentine in 15th. He hadn't even got his bare feet into his shoes when he lost control of his bike coming off a speed bump.

His bike wheels skidding sideways, the front wheel of competitor Leonardo Chacun made contact with the back of Whitfield's bike. The Costa Rican was dashed against the pavement while Whitfield careened towards the metal crowd barrier to his left, eventually falling as well with his bike cartwheeling in front of him.

THE CANADIAN PRESS



"When it was announced that @simon-whitfield had withdrawn the whole crowd sighed for him. He is so well respected"

Three-time Olympic champion rower Marnie McBean.

Herdman eager to turn team focus to match vs. France



Canada head coach John Herdman speaks during a news conference in London on Sunday. BEN CURTIS/THE ASSOCIATED PRESS

after Monday's dramatic 4-3 loss to the Americans.

Canadian players, including captain Christine Sinclair, were critical of Norwegian referee Christiana Pedersen's decisions.

Sinclair, who scored all three of Canada's goals, said moments after the final whistle that "the ref decided the result before the game started."

A spokesman for the Canadian Soccer Association said the team will not comment on the investigation until FIFA makes a decision.

Herdman, meanwhile, is focusing on getting the team ready for France.

"I'm trying not to give it any power or attention at this point until it becomes something that affects the team, as in selections and tactical planning," said Herdman.

The coach added he does not plan to talk to Sinclair about her comments.

With Canada up 3-2 against the favoured Americans, Pedersen awarded an indirect free kick to the U.S. inside the 18-yard box after Canadian goalkeeper Erin McLeod was penalized for holding on to the ball too long.

The indirect kick resulted in Canada being called for a hand-ball infraction in the

Redemption?

France beat Canada at the 2011 World Cup, and Canada's 0-3 record at the tournament led to Herdman's appointment as coach in place of the departed Carolina Morace.

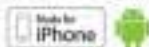
box, and U.S. star Abby Wambach scored to tie the score 3-3 with 10 minutes to go in regulation time.

Alex Morgan then won the game for the U.S. on a header in the last minute of extra time. THE CANADIAN PRESS

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



Buy For:
\$59

\$59 FOR AN APP BUILDING COURSE FOR ANDROID AND IPHONE FROM ECAREERS (A \$478 VALUE)

Regular Price: \$478

You Save: \$419

Discount:

88%



Buy For:
\$39

\$39 FOR A 14-HOUR ONLINE DIGITAL PHOTOGRAPHY OR ADOBE CERTIFICATION COURSE FROM PHOTO ART STUDIO (A \$450 VALUE)



Buy For:
\$119

\$119 FOR A 2,000 FT. ULTRALIGHT HANG GLIDING SKYRIDE EXPERIENCE FROM ADVENTURE AT ALTITUDE (A \$250 VALUE)



Buy For:
\$24

\$24 TO CREATE YOUR OWN WILL AT FORMALWILL.CA (A \$49 VALUE)

Visit: WagJag.com

Follow us on: [facebook.com/wagjag](https://www.facebook.com/wagjag)
[@wagjagwinnipeg](https://twitter.com/wagjagwinnipeg)

Hurry to WagJag.com to purchase local deals before time runs out.



Follow us on: @GoJaunt [facebook.com/GoJaunt](https://www.facebook.com/GoJaunt)



Bike Rides and Beautiful Mountains in North Vancouver

North Vancouver Hotel, North Vancouver, BC

ORIGINAL PRICE \$294

\$133 Buy before August 15, 2012

Meet Ford's new Prius fighter



ALL PHOTOS WHEELBASE

Spacious

The level of cargo space in the C-MAX is about equal to that of the Toyota Prius v, but offers nearly one-third more room than its chief rival with the rear seat folded flat.

As you would expect from its shape, the interior offers adult-sized head, knee and legroom.

2013 Ford C-MAX

- **Type:** Four-door, front-wheel-drive hatchback hybrid.
- **Engines (hp):** 2.0-litre DOHC four-cylinder and electric motor (188).
- **Mileage:** L/100 km (city/hwy) 4.2/4.6 (base, est.).
- **Base Price (incl. destination):** \$27,500 (est.).

Dashboard

What will really impact buyers is the flight-deck-style dashboard and control panel that would look at home in the Starship Enterprise.

The gauge pod boasts a brake coach that helps drivers maximize the regenerative braking system to help keep the lithium-ion batteries topped up.

Powertrain

Driving efficiency is a certainty with the C-MAX and C-MAX Energi plug-in hybrid powertrains, both of which will be available in the 2013 Ford Fusion sedan.

The gasoline component is a 2.0-litre four-cylinder that produces 141 horsepower. It works in tandem with a 106-horsepower (estimated) electric motor.

Ford projects a net system output of 188 horsepower, which is 54 horsepower more than the competing Prius v.

Power is directed to the front wheels by a continuously variable transmission (CVT). Even with the extra power, Ford expects the C-Max to achieve a better fuel economy rating than the Prius v.

Review. A hybrid with economy, power, room and a good starting price? You bet

MALCOLM GUNN

Wheelbase Media

When you think "hybrid," images of green fields, fluffy white bunnies and the Toyota Prius likely dance around in your head. The Prius has spent most of its life in a category of one, but a decade of success has also

made it a sitting duck for companies such as Ford.

But is the new 2013 C-MAX wagon a real Prius fighter where it counts, in terms of fuel consumption? Yes, if you compare it to the least thrifty Prius v, that is. Put head-to-head against the Prius v, it has about the same interior room and quite a bit more power.

The C-MAX arrives this fall as Ford's first dedicated hybrid brand, although it's based on the automaker's compact Focus architecture and has the same distance between the front and rear

wheels and overall length as that model. But the C-MAX is more than 10 centimetres wider and 15 centimetres taller, making it ideal for hauling people and their gear.

At an anticipated \$27,500, including destination charges (which is slightly less than the Prius v's base starting price) the base C-MAX SE comes with dual-zone climate control, 17-inch alloy wheels and seven airbags. The SEL adds leather seats (heated in front), 10-way power driver's seat, rain-sensing wipers and satellite radio. On the option list is a hands-



Hybrids are becoming more opulent. Leather is on the menu.

free back-up parking assist and a power liftgate that opens and closes by shaking your foot beneath the bumper.

There should be no short-

age of converts to the C-MAX Hybrid's way of life, with its easy-on-the-eyes appearance, practical nature and easy-on-the-wallet fueling intervals.

On the Web



Kathy Ulyott has always loved cars. So when Bridgestone Americas invited her on a two-day learn-to-race course, she jumped on it. Scan this code or visit metronews.ca/drive



• Rustproofing • Undercoating • Paint Polishing
• Interior Shampoo • Fabric Protection • Detailing
• Window Tinting • Car/Truck Accessories

2140 McPhillips Street, Unit 7A & 7B
Phone (204) 694-0600

OPEN MONDAY TO FRIDAY 8am-5:30pm

WINDOW
TINT SALE

2 WINDOWS
\$70

ALL VEHICLE
\$200

*With this coupon.

TOTAL
PROTECTION
PACKAGE

Includes rustproof/undercoat, diamond gloss paint protection, fabric protection and aquapel glass treatment.

SALE
\$500*

Reg \$1049.95
*With this coupon.

RUSTPROOF
UNDERCOAT
SALE

Reg \$399.95

\$250.00*

*With this coupon.

ACCESSORY SALE
LIMITED TIME OFFER

*With this coupon.

www.ziebart.mb.ca

Shea Holbrook's got the need for speed

Autopilot



AUTO PILOT
Mike Goetz
drive@metronews.ca

Racecar driver Shea Holbrook didn't grow up in a household locked into any type of car culture orbit. And not until five years or so ago did she even pine for any of the pavement pursuits.

Until then, her prime passion was being dragged around a lake by a boat, an activity sometimes called "competitive water skiing."

So what happened? Why did she trade her skis for a helmet and a fire-retardant racing suit?

Why is there currently a race-prepped 2012 Honda Civic Si HFP with her name on it, and currently sitting in third place in her class (Touring Car) on the SCAA World Challenge Pro Racing circuit?

When she was 16, Holbrook and her father decided to take in the Richard

Petty Experience, where NASCAR fans get behind the wheel of a race car for a day. After that she switched gears, so to speak.

"I'm a huge adrenaline junkie," says Holbrook, adding that car racing gives her what she needs, and is unlike anything else out there when it comes to adrenaline production.

"When I put my racing suit on, I have to calm myself down. It's all about the thrill."

We're chatting under a temporary tent at the Niagara Drive Centre, which is more or less the back runways of the Niagara International Airport.

Holbrook is here to take journalists out for a ride in her race-prepped Civic, as part of a press event for the new Civic Si HFP. The Florida native's race car is campaigned by Toronto-based Compass 360Racing.

It's easy to see why Honda Canada, SCCA racing, her team and her sponsors are eager for her to meet the media. She's a well-spoken, engaging ambassador for her racing partners, for racing in general, and for her gender.



Competitive race car driver Shea Holbrook is ranked third in her class. MIKE GOETZ/METRO

She knows she's getting attention for being a young

female in a male-dominated sport, but she also com-

pletely understands that attention and/or gender

won't make her car go any faster.

"The cool thing about car racing is that the car doesn't know the gender of the driver, or how tall or how short they are," she said.

"It's one of the few sports where women and men can go head to head. It comes down to who is smarter, who is more talented, who has the experience, who is more determined, who is one with the race car."

And she's more than willing to pay her dues.

"I like the fight. A lot of people say (female drivers) have to overcome all these obstacles and struggles. I don't like it when people say they're in a struggle. If it's your passion you don't really look at it like a struggle. Everyone has obstacles to overcome, to get to where you want to be."

She says that success in motorsports is particularly hard to come by, so a little extra obstacle to overcome here and there along your career might actually be useful — to harden and sharpen the resolve.

For more on Shea's racing adventures check out shearacing.com.

YEAR	MAKE	MODEL	DESCRIPTION	STOCK #	KMS	BI-WEEKLY PAYMENT*	PRICE	AVERAGE MARKET PRICE**	SAVINGS
CARS									
2012	Fiat	500 Sport	Auto, sunroof	1163	15,895	145	\$18,579	\$19,512	\$416
2012	Fiat	500 Sport	5 Speed, Prima Edizione	1164	16,800	145	\$18,949	\$19,474	\$525
2012	Ford	Fiesta SE	Auto, Loaded, SYNC	1198	36,500	123	\$15,995	Only 1 in Winnipeg	
2012	Ford	Fusion SE	2.5L, loaded, SYNC	1214	38,350	136	\$17,750	\$19,193	\$1,443
2012	Chevy	Impala LS	3.6L, alloys	1186	42,000	130	\$16,900	\$17,141	\$241
2012	Chevy	Malibu LS	2.4L, loaded	1189	41,200	138	\$17,895	\$17,921	\$26
TRUCKS									
2008	Chevy	Silverado 1500 LT	Crew, 5.3L, 4x4	1193	109,750	218	\$21,495	\$22,758	\$1,263
2008	Chevy	Silverado 1500 LT	Crew, 4.8L 4x4	1149	103,500	218	\$21,395	\$22,778	\$1,383
2010	Dodge	Ram 1500 SLT	Hemi, Quad Cab, 4x4	1098	49,800	220	\$24,995	\$25,918	\$923
2010	Dodge	Ram 1500 ST	4.7L, Crew Cab, 4x4, Pwr group	1127	44,100	217	\$24,799	\$25,415	\$616
2008	Dodge	Ram 3500 SLT	Cummins, Dually, Quad Cab, 4x4	1158	230,000	Please Call	\$27,974	Only 1 in town!	
2010	GMC	Canyon SLE	2.9L, Ext Cab, 4x4	1101	57,267	148	\$16,995	\$20,716	\$3,721
2010	Ford	Ranger Sport FX4	4.0L V6, Auto, Ext Cab	1218	70,150	118	\$16,495	\$18,272	\$777
2012	GMC	Sierra 1500 SLE	4.8L, Crew Cab, 4x4	1192	19,750	232	\$30,495	\$31,803	\$1,308
2011	GMC	Sierra 1500 SLE	5.3L, Crew cab, 4x4	1156	59,000	213	\$26,900	\$29,629	\$2,929
2009	GMC	Sierra 1500 WT	5.3L, Ext. Cab, 4x4	1112	132,487	166	\$16,350	\$22,520	\$6,170
SUVs									
2008	Chevy	Equinox LT	sunroof, r. Start	1152	85,850	175	\$17,495	\$19,351	\$1,856
2009	Ford	Edge SEL	AWD, CD Changer, Htd Seats	1180	69,500	227	\$23,495	N/A	N/A
2008	Ford	Edge SEL	FWD, CD Changer	1135	76,500	181	\$18,995	\$21,207	\$2,212
2008	Honda	CR-V EX-L	AWD, Leather, CD Changer	1199	53,800	207	\$20,980	\$21,553	\$942
2010	Honda	CR-V LX	AWD, Auto, loaded	1188	55,100	198	\$22,900	\$23,991	\$1,091
2011	Jeep	Liberty Sport	North Edition 2 to choose from	1212	40,250	161	\$20,995	\$22,222	\$1,227
2010	Jeep	Liberty Sport	North Edition	1182	73,800	156	\$17,995	\$18,702	\$707
2008	Toyota	RAV4	269 HP V6, nicely equipped	1221	95,476	149	\$16,995	N/A	N/A
2011	Hyundai	Tucson GL AWD	AWD, 2.4L, Bluetooth, Remote Start	1191	33,500	168	\$23,000	\$25,157	\$2,157
VANS									
2011	Chrysler	Town&Country	DVD, loaded	1168	30,200	205	\$27,978	\$29,783	\$1,805
2011	Dodge	Grand Caravan	Stow'n Go, Rear AC 6 to choose from	1159	44,650	164	\$19,900	\$21,739	\$1,839
2012	Dodge	Grand Caravan	Stow'n Go, Rear AC 2 to choose from	1169	33,160	179	\$21,700	\$22,793	\$1,093
2008	Honda	Odyssey DX	pw, pm, pdl, keyless, cruise	1233	85,550	192	\$17,995	\$19,084	\$1,089
2010	Suzuki	Grand Vitara J1X-L	AWD, 3.2L V6, Leather, Sunroof	1179	44,750	174	\$20,000	\$21,622	\$1,622
VEHICLES UNDER \$15,000									
2004	Dodge	Grand Caravan SE	Clean, loaded	1134	140,200	142	\$7,899	N/A	N/A
2007	Chevrolet	Uplander LS	7 passenger loaded	1234	98,875	89	\$8,995	\$9,854	\$849
2008	Dodge	Caliber	Loaded, H. Seats	1128	64,350	99	\$9,995	\$11,785	\$1,790
2009	Chevy	Cobalt LT	loaded, alloys	1125	74,500	99	\$10,295	\$14,033	\$3,738
2007	Ford	Focus SES	Wagon, Auto, Leather, Sunroof	1217	65,824	108	\$10,495	Only 1 in Winnipeg	
2007	Nissan	Versa 1.8SL	1.8L, Auto, pw, cruise, keyless	1232	93,494	110	\$10,495	\$11,232	\$737
2004	Dodge	Ram 2500 Laramie	5.7L, Quad Cab, 4x4	1194	294,720	Please Call	\$10,900	N/A	N/A
2008	Pontiac	G5 SE	Auto, pw, keyless, cruise	1231	55,550	110	\$11,249	\$11,627	\$378
2010	Chevy	Cobalt LT Coupe	loaded, alloys	1225	48,593	110	\$12,495	\$13,528	\$1,033
2011	Kia	Rio5 EX	Conv. Pkg, Bluetooth, Htd Seats 3 to choose from	1209	50,900	93	\$12,990	N/A	N/A
2010	Dodge	Caliber	Loaded, H. Seats	1201	62,500	113	\$12,979	\$15,033	\$2,054
2010	Dodge	Caliber	Loaded, H. Seats	1203	52,500	118	\$13,490	\$15,033	\$1,543
2009	Chevy	Malibu Hybrid	Well equipped	1190	117,200	132	\$13,500	Only 1 in Winnipeg	#VALUE!
2011	Dodge	Caliber SXT	Loaded, H. Seats	1146	31,500	136	\$14,495	\$15,882	\$1,387
2008	Dodge	Ram 1500 SLT	4.7L, Reg. Cab 2WD	1196	60,250	145	\$14,949	N/A	N/A
2008	Dodge	Grand Caravan SE	pwr, pm, keyless	1155	82,200	152	\$14,995	\$15,640	\$645
2006	Chevy	Silverado 1500 LT	Ext. Cab, 4x4	1150	96,350	152	\$15,000	\$16,358	\$1,358
2009	Jeep	Compass Limited	AWD, 2.4L, Leather	1124	96,000	153	\$15,000	Only 1 in Winnipeg	

Pricing does not reflect any hidden trade or finance credits. N/A reflects too few vehicles or too wide a discrepancy in mileage to accurately determine avg. market prices.

GREAT CARS, GREAT PRICES

E-Z FINANCING FOR NEARLY EVERYONE/EVERY SITUATION

3165 MCGILLIVARY BLVD
415.4164 1(877)880-0374
WWW.CARSWINNIPEG.CA

*O.A.C. \$49 down, longest term available, fixed rates. ** Avg market price is determined based on like vehicles for sale in our market where data is available.

Help POWER Team CANADA



Go to Facebook.com/duracellcanada
and send your messages today



PROUD PARTNER

RELY ON COPPER TO GO FOR THE GOLD



Use word of mouth to find an auto repair shop and start with a small job. ISTOCK IMAGES

Don't get ripped off: Get to know your local repair shop

Driving force.
Your best line of
defense when
something goes wrong

JILL
MCINTOSH
drive@metronews.ca

Cars are more complex than they've ever been, especially when they need repair. That can be a concern, especially for older drivers who may worry about overcharging or unnecessary repairs.

Finding and sticking with a good shop is your best defense, says Pam Oakes, an auto technician and owner of Pam's Motor City Automotive in Fort Myers, Fla. "Use word of mouth," she says. "Ask your friends, ask your coworkers, ask your family where they go."

When you first visit a shop, especially if it hasn't been recommended by someone you

know, start small. "Get your oil changed and see how they handle that," says Oakes.

"See if they give you a 'grocery list' of problems, and if they do, get a second opinion at another shop. When you're walking in the door, see if it's clean or not, and how the staff are behind the desk. Look at the customers, if they're agitated or fidgeting, or if they're just quietly enjoying a cup of coffee. They should look relaxed, not stressed."

The shop should be able to tell you why something needs to be done, and then should explain it to you. "We do 'show-and-tell' all the time," says Oakes. "If you need brakes, we'll show you what the brake pads look like and how it will affect the vehicle if you do the work or not." Once you've found a shop, you should further get to know the person who's working on your car, Oakes says.

What to do

- If your car makes a strange sound or does something odd, describe it to the shop. Don't try to diagnose the problem yourself.
- Beware of shops advertising very low prices. There may be extra fees or labour charges buried in the fine print.
- Ask to go on the road test with the technician so you can point out the sound or problem that you're experiencing.

So why do some shops find so many problems? Oakes says it's because some set quotas or pay their service writers commission for the work they bring in. It might also be an inexperienced technician's error.








AS EXHILARATING AS IT IS AFFORDABLE.

Every Certified Pre-Owned Mazda we sell comes with warranties and guarantees to ensure that you drive away fully satisfied in a quality vehicle that you can depend on.



**0.9%
APR***
SEE DEALER FOR DETAILS

CERTIFIED PRE-OWNED

-  160-Point Detailed Inspection
-  7-Year/140,000-Kilometre Limited Powertrain Warranty†
-  24-Hour Emergency Roadside Assistance
-  30-Day/3,000-Kilometre Exchange Privilege
-  CarProof® Vehicle History Report
-  Zero Deductible
-  Available Extended Coverage

CRAFTED. ENGINEERED. CERTIFIED.

ZOOM-ZOOM



*Coverage begins from the original new retail sale date and covers 7-years/140,000-kilometres, whichever comes first. †0.9% APR only for well qualified buyers; not all buyers will qualify. Amount of down payment and other factors may affect qualification. 0.9% APR available on all models and all qualifying model years (the 5 model years immediately preceding the date of this advertisement, or newer) for up to 24-month terms. Based on a representative example of \$15,000 financed at 0.9% over 24 months equals monthly payments of \$630.88 with \$0 down payment, cost of borrowing is \$141.03 with a total obligation of \$15,141.03. Licence, insurance, taxes, down payment, and, where applicable, PPSA and other dealer charges are extra and may be required at time of purchase. Finance on approved credit for qualified customers only. Offer subject to change without notice. Visit your participating dealer for complete details.

Horoscopes

Aries

March 21 - April 20
You must put a fight behind you and join forces with someone whose help you are going to need in the weeks to come. If you have to meet certain challenges alone, you might not succeed.

Taurus

April 21 - May 21
You may think you can get away with anything, but that is not an excuse to do as you please at other people's expense. Think ahead to how your actions might affect your long-term reputation.

Gemini

May 22 - June 21
The more of an effort you make now, the more opportunities will come your way in the near future. With Mercury, your ruler, moving in your favour again, now is the time to make plans. The bigger the plans, the better.

Cancer

June 22 - July 23
Today's cosmic picture makes it easy for you to make new alliances. You may think you don't need other people but you do, more than you realize. Besides, there is a joy to working with others that solitary effort can't match.

Leo

July 24 - Aug. 23
You seem to have gotten your mind stuck in a groove and are finding it hard to move on. What you most need now is a change of attitude. Look at your life from a wider perspective.

Virgo

Aug. 24 - Sept. 23
Everyone is singing your praises at the moment but you don't seem to have much confidence in yourself. However, now that your ruling planet Mercury is moving direct again you will soon rediscover your self-belief.

Libra

Sept. 24 - Oct. 23
You may not want to say what you have to say but you must say it anyway. Does that make sense? Okay, put it this way: if you don't speak truth to power you'll be the one who loses money. Got it?

Scorpio

Oct. 24 - Nov. 22
An old idea will get you thinking along new and profitable lines over the next 24 hours. It may be an idea that has been used many times before but your twist on it could make you a million!

Sagittarius

Nov. 23 - Dec. 21
Stop feeling sorry for yourself and start thinking about how you can make the best of the opportunities you've been given. They are all around you if you take the trouble to look. Life is full of possibilities.

Capricorn

Dec. 22 - Jan. 20
Make sure that you are the one who profits from your ideas. Mercury, planet of the mind, will give you plenty of insights but it is what you do with them that matters. Action is essential.

Aquarius

Jan. 21 - Feb. 19
If you are having second thoughts about an agreement of some kind, you can probably get out of it today. There will be a price to be paid, of course, but it will be worth it. Reclaim your freedom.

Pisces

Feb. 20 - March 20
The whole world seems to be singing your praises and it's quite right that you feel proud about what you have achieved. But don't lose sight of the fact that it's only a beginning. Everything is up for grabs. **SALLY BROMPTON**

Crossword: TV Star, Water, Royalty, and a PM

BY MICHAEL WIESENBERG

Across

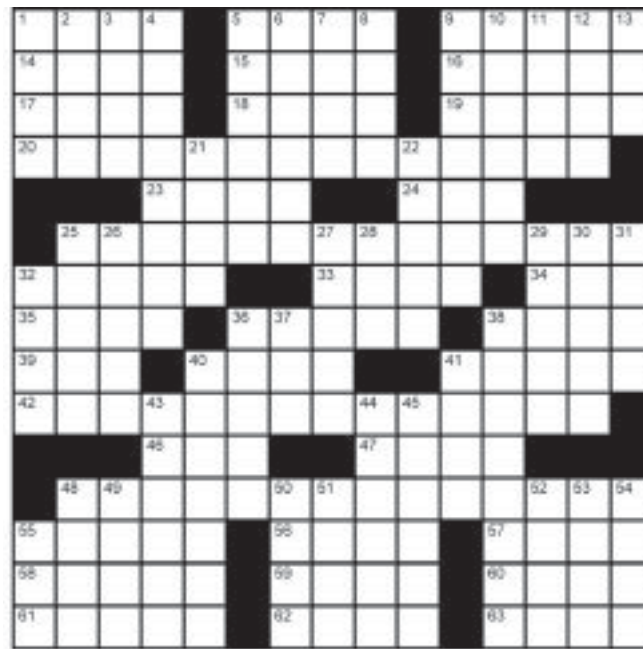
1. ___ to riches
5. One of many on a computer desktop
9. Crop associated with Saskatchewan
14. "What are you, some kind of ___?" (2 wds)
15. Fashioned
16. Our world
17. Break suddenly
18. Great Lake
19. Actress Dickinson (*Police Woman*, *Rio Bravo*, *Ocean's 11*, *Dressed to Kill*)
20. BC-born *Baywatch* babe (2 wds)
23. Backpacker's shelter
24. Fib
25. Second-largest body of water in NT, and deepest in North America (3 wds)
32. Male swine
33. Wallet fillers
34. Confound
35. Murders
36. "___ all, folks!": cartoon signoff
38. ___ et Chandon champagne
39. Bumpkin
40. Born and ___
41. Grassy yards
42. Queen Victoria's fourth daughter, after whom three places were named, a lake, a village, and the province itself (2 wds)
46. Golfer Ernie called "The Big Easy"
47. Persia, now
48. 12th PM, 1948-1957

(3 wds)

55. 9:50, say (2 wds)
56. Cold-weather wear
57. Margarine
58. One ___ chance: odds are 9:1 against (2 wds)
59. Formerly
60. Got off
61. British Isles wastelands
62. ___ of the *D'Urbervilles*: 1891 Thomas Hardy novel upon which was based 1979 Roman Polanski film whose title was simply the girl's name
63. Broad lowland

Down

1. Frog-in-the-throat sound
2. Canadian-born actress Paquin
3. American territory in the Pacific
4. Vatican City basilica (2 wds)
5. "That's not what ___": "I may have misspoken" (2 wds)
6. Diamond weights
7. Thor's dad
8. Require
9. Becomes fatigued
10. ___ and Gretel
11. Therefore
12. Has ___ ear: is tone-deaf (2 wds)
13. Kermit ___ Frog
21. Meadows
22. Santa's helpers
25. Really succeed (2 wds)
26. One-named Egyptian-



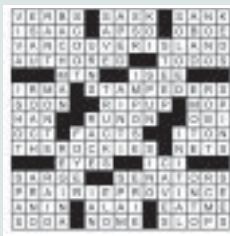
Copyright © 2012 Michael Wiesenbergs

born Canadian singer-songwriter of children's music
27. Cargo quantities
28. Picnic pest
29. Swears
30. Nancy Drew creator Carolyn
31. Many business phone nos.
32. Betty of old cartoons

36. Hair amount
37. "___ a real nowhere man": Beatles lyric (2 wds)
38. Much-traveled thoroughfare (2 wds)
40. Vancouver CFL team (2 wds)
41. Hawaiian feast
43. Grammar gender
44. Shrubs with lavender blooms

45. Speechifies
48. Late-night TV host Jay
49. "Hold ___ your hat!"
50. Stevenson or Burns
51. Vocal sound
52. Jazz singer Fitzgerald
53. Winnipeg-born Young called "Godfather of Grunge"
54. Lug
55. ___ Horton's

Yesterday's crossword



What's online

See today's answers at metronews.ca/answers.

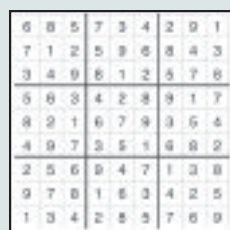


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY



MAX: 28°
MIN: 15°

THURSDAY



MAX: 26°
MIN: 14°

FRIDAY



MAX: 27°
MIN: 14°



JENNA KHAN
WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



Search over 50,000 used cars,
fast and free.

autocatch.com

FREE TRIAL

lavalife VOICE

CALL NOW!
204-987-2222
Toll Free: 1-866-348-5282

1-800 BILLING 1-900-528-2543
DIAL #CLICK (#25425)
79¢/MIN. BELL, ROGERS™, FIDO
99¢/MIN VIRGIN MOBILE

lavalifevoice.com
18+ *Restrictions may apply



WINNIPEG

AirSource
212 Henderson Hwy.
(204) 989-2954

AirSource
1200 McPhillips St.
(204) 989-2927

AirSource
671 Pembina Hwy.
(204) 925-1260

AirSource
2599 Pembina Hwy.
at Bison Dr.
(204) 261-1234

AirSource
University Centre
University of Manitoba
(204) 987-3444

AirSource
Portage Place
(204) 946-0721

AirSource
2609 Portage Ave. at Moray
(204) 954-2939

AirSource
1500 Regent Ave. W
(204) 988-3080

AirSource
St. Vital Centre Kiosk
(204) 989-2939

AirSource
St. Vital Centre
(204) 989-2940

SI Wireless Communications
1132 Portage Ave.
(204) 231-1600

SI Wireless Communications
661 Corydon Ave.
(204) 231-1650

SI Wireless Communications
Winnipeg Square
(204) 944-8070

Teleco
Kenaston Common
(Kenaston at McGillivray)
(204) 947-9570

Teleco
948 St. James St.
(204) 831-1234

SELKIRK

Nickel Communications
3-344 Main St.
(204) 482-9667

STEINBACH

Nickel Communications
Unit H - 197 Main St.
(204) 326-4988

WINKLER

Nickel Communications
9 - 820 Triple E Blvd.
(204) 325-4121

BRANDON

Teleco
Unit B3 - 1128B 18th St.
(204) 727-0100

NEEPAWA

Neepawa True Value
268 Hamilton St.
(204) 476-2333

STONEWALL

TMC Distribution
325 Main St.
(204) 467-2014

PORTAGE LA PRAIRIE

Reimer Antenna Service
1000 Saskatchewan Ave. W
(204) 857-9001

SWAN RIVER

Sears Swan River
619 Main St.
(204) 734-4541

DAUPHIN

North of 51 Designs &
Computers
12 2nd Ave. NW
(204) 638-7148

THOMPSON

City Centre Mall
(204) 677-3212

THE PAS

Sound Innovations
317 Fischer Ave.
(204) 623-7171

FLIN FLON

Sears Flin Flon
35 Main St.
(204) 687-7581



WINNIPEG

Kildonan Place
(204) 667-8248

Garden City
Shopping Centre
(204) 339-8895

Polo Park
(204) 774-2412

BRANDON

Brandon Shoppers Mall
(204) 571-6976

Now available
until Aug. 18

iPhone 4 now \$0 Why wait any longer?



iPhone

\$0¹ with 3-yr. **FLEXtab** agreement
on select plans

\$549⁹⁹ month-to-month price

Visit your local Rogers store today and find out how you
can get it on your terms with Rogers new **FLEXtab**.™

CONNECT EXCITING TALK SHARE RELIABLE ACCESS LIFE NETWORK CHAT
TALK FRIENDS SURF FLEX NETWORK LIFE TEXT FIRST FAST
CHAT ACCESS SURF FLEX NETWORK LIFE TEXT FIRST FAST
FREEDOM EXCITING FRIENDS

Creating World-Leading
Internet Experiences.



«WIRELESSWAVE»

booth

FUTURE SHOP



Offer available for a limited time while quantities last and subject to change without notice. 1 With new activation on any 3-yr. voice and data plan having min. \$48 monthly service fee. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply in accordance with your service agreement. FLEXtab balance corresponds to the sum of the Device Savings Recovery Fee and Additional Device Savings Recovery Fee. TM and © 2012 Apple Inc. All rights reserved. TM Rogers & Mobius Design and FLEXtab are trademarks of or used under license from Rogers Communications Inc. or an affiliate. Other brand names & logos are trademarks of their respective owners. © 2012 Rogers Communications.